

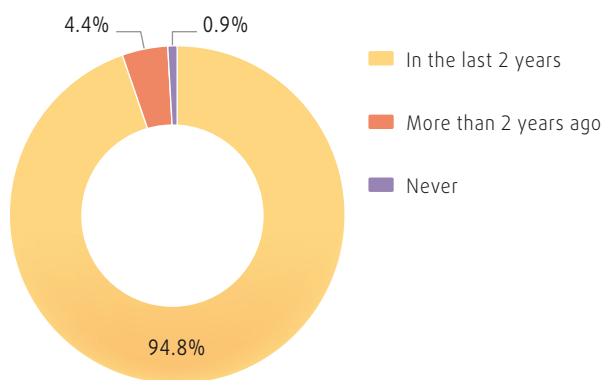


In general, how do you consider your health status?

1.7 million women living in Portugal in 2015 (48.9%),
aged 25 to 74 years, considered their health status to be good or very good

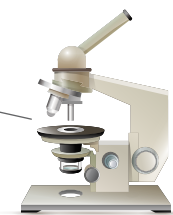
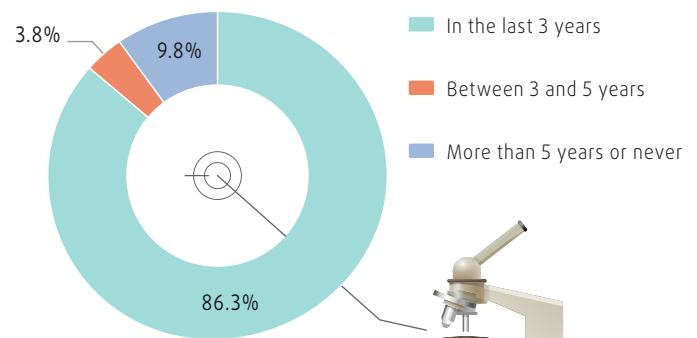
Mammography

(self-report of women aged 50 to 69 years in 2015)



Cytology

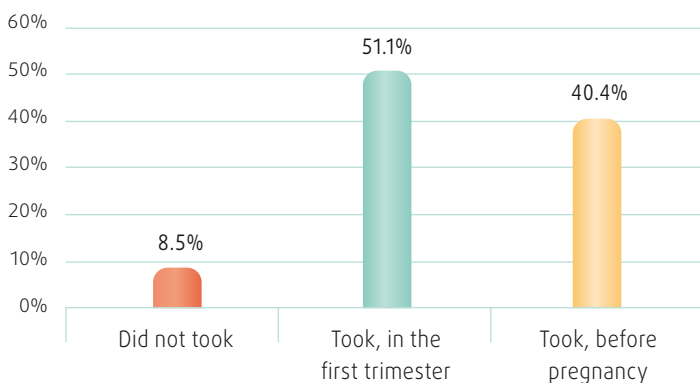
(self-report of women aged 25 to 64 years in 2015)



Source: Inquérito Nacional de Saúde com Exame Físico (INSEF)
Preventive health care: <http://hdl.handle.net/10400.18/4796>

Adhesion to folic acid supplementation

(pregnant women followed by a doctor from the network
Médicos-Sentinela in 2017)



Source: Rede Médicos-Sentinela (MS)

Domestic and leisure accidents

(females of all ages assisted in hospital emergencies in 2018)



Of the total injuries registered, in 2018, in females, 73.1% were caused by falls.

In 2018, about half (54.5%) of the accidents occurring in females occurred at home.

Source: Epidemiologia e Vigilância dos Traumatismos e Acidentes (EVITA)

INSEF - national health examination survey conducted by INSA in 2015 to collect epidemiological information on the status, determinants and health care of the Portuguese population.

MS - health observation and surveillance system consisting of general practitioners who voluntarily participate in the notification of health events.

EVITA - a system that collects information on domestic and leisure accidents that take individuals to the emergency services.

For more information: www.insef.pt ; <http://www.insa.min-saude.pt/category/areas-de-atuacao/epidemiologia/>