

Instituto Nacional de Saúde
Doutor Ricardo Jorge



Childhood Obesity Surveillance Initiative

Malta, October 2015

COSI PORTUGAL

Experiences from the 3 cycles

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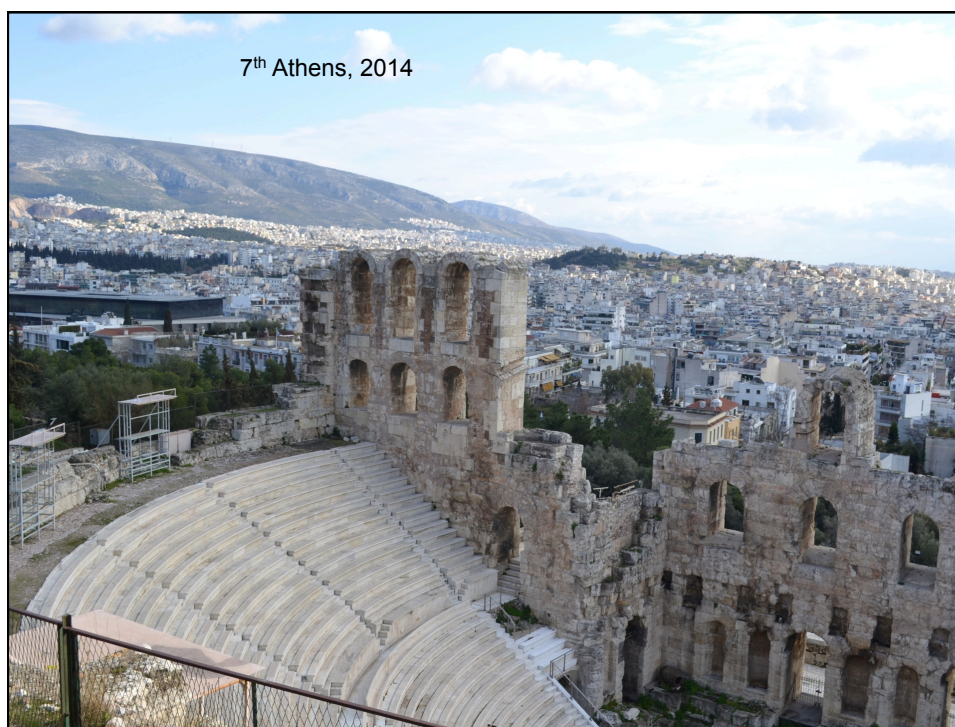
Instituto Nacional de Saúde | 1899 | www.insa.pt

2007 - Portugal

2007/2008
(13)

- Belgium (Flemish Region)
- Bulgaria
- Cyprus
- Czech Republic
- Ireland
- Italy
- Latvia
- Lithuania
- Malta
- Norway
- Portugal
- Slovenia
- Sweden

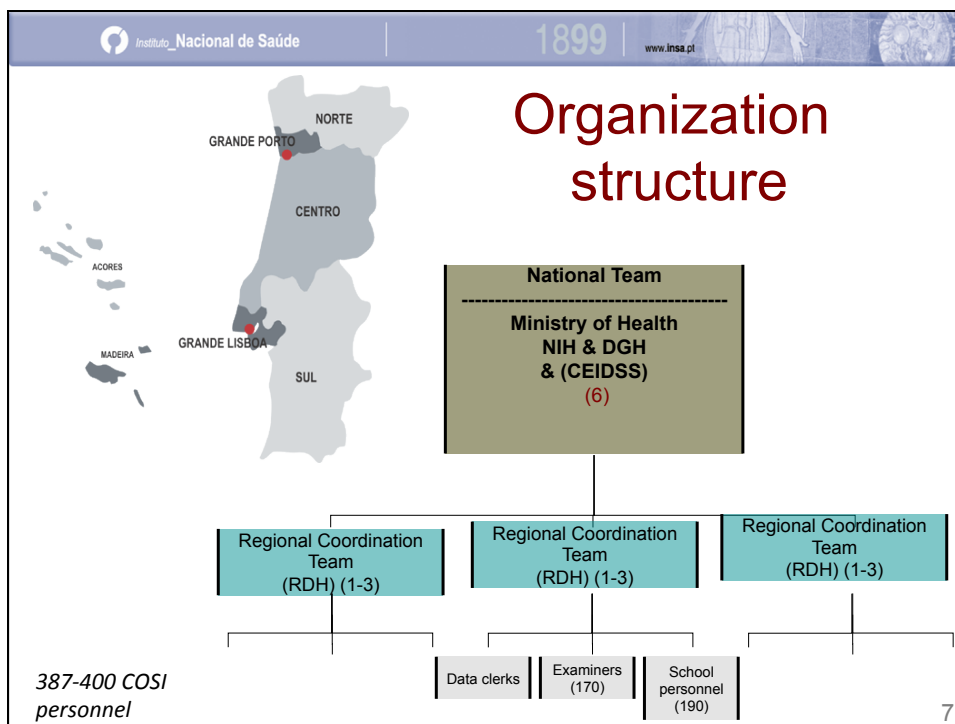
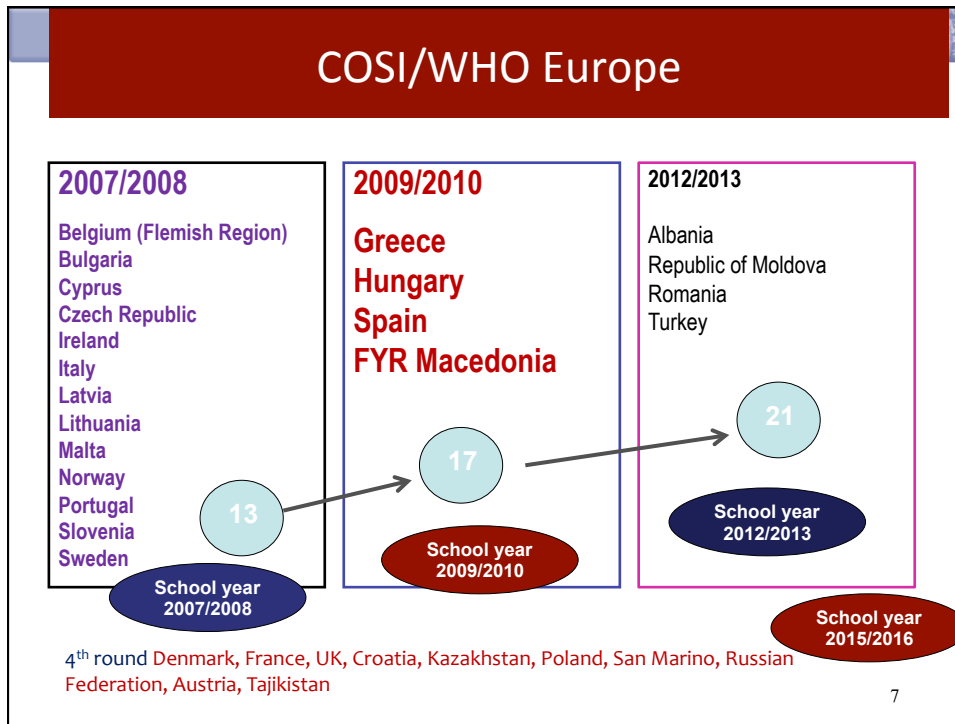


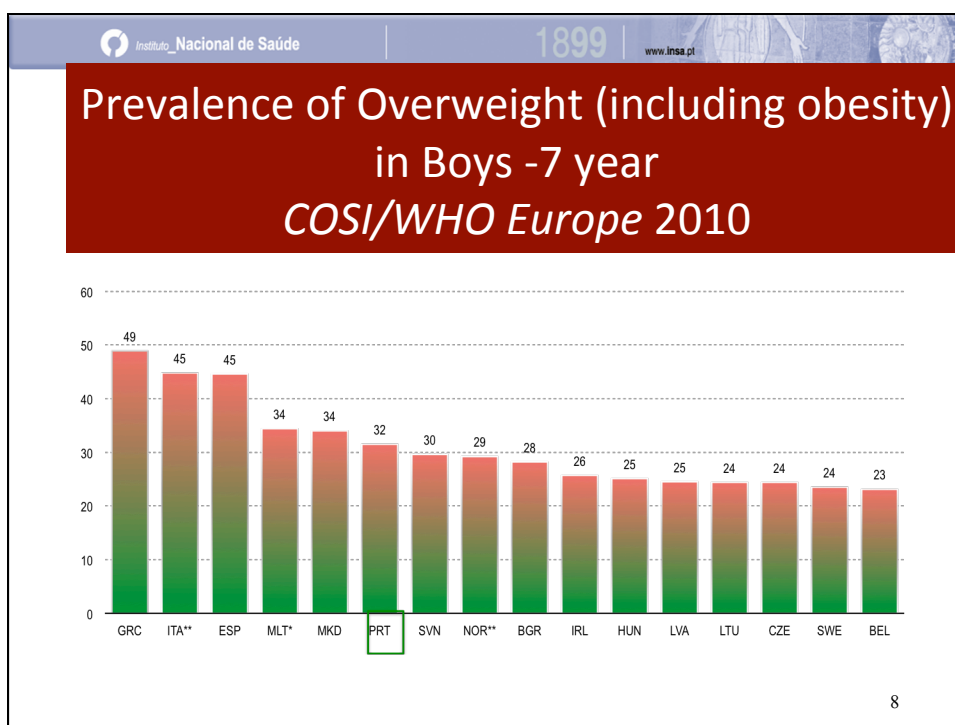
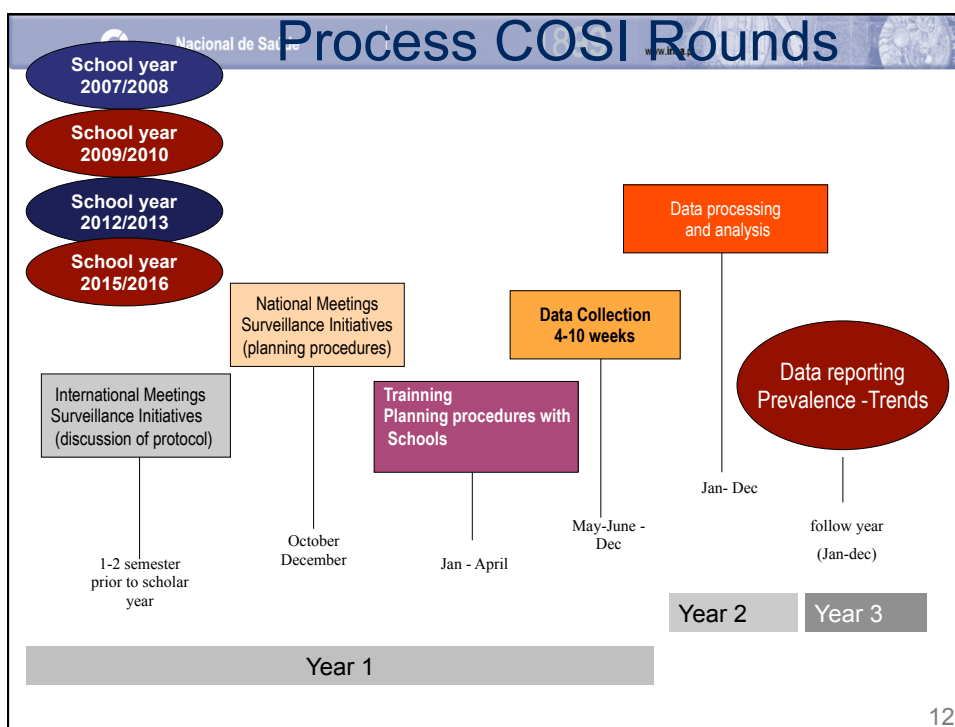


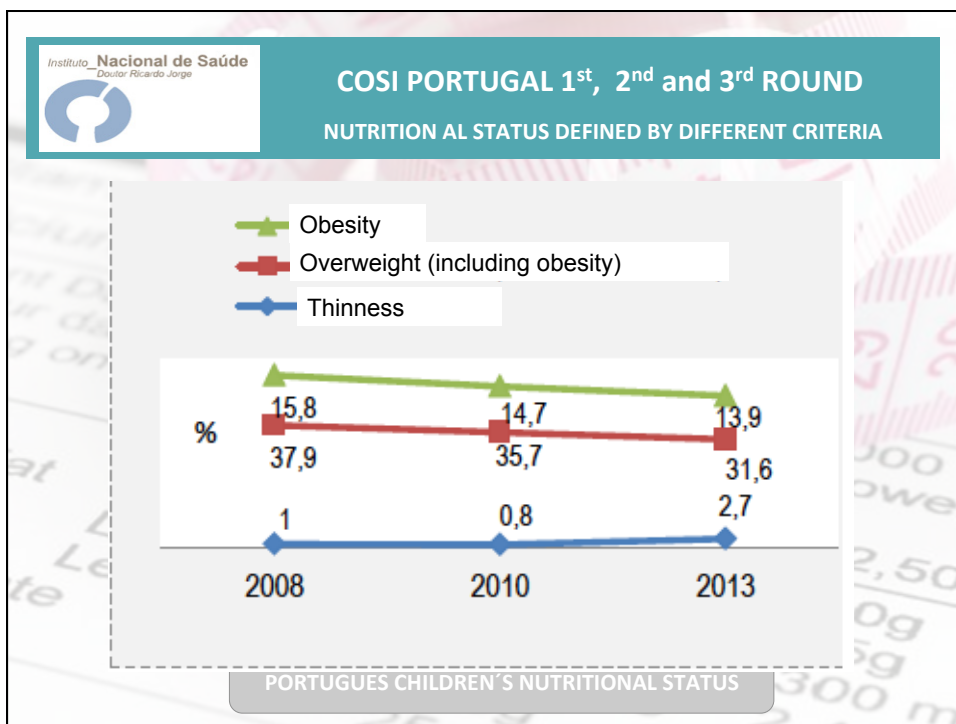
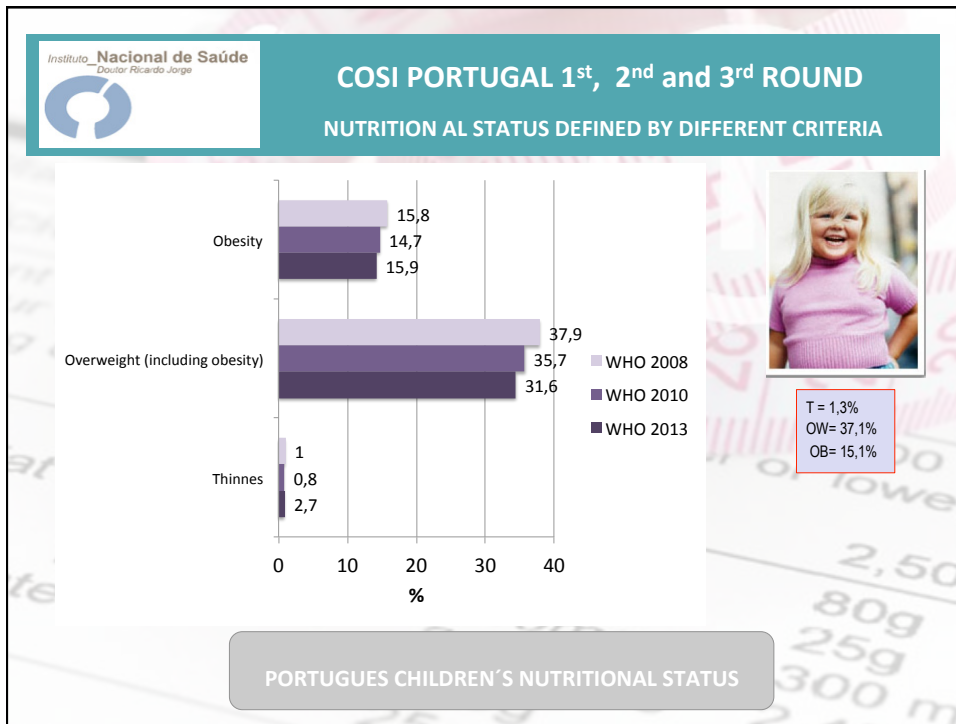
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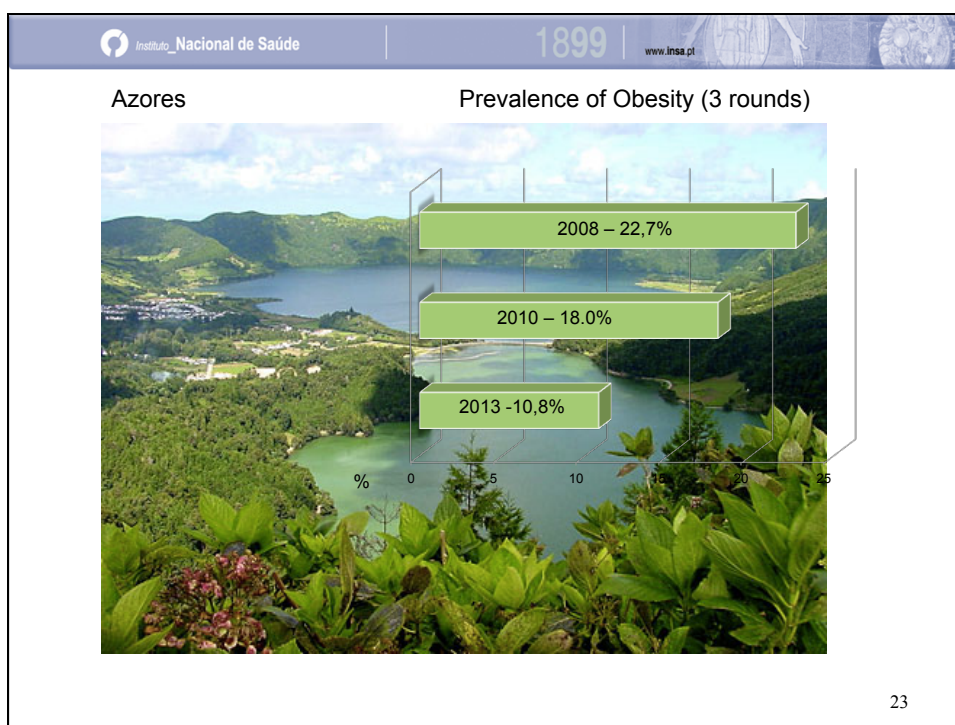
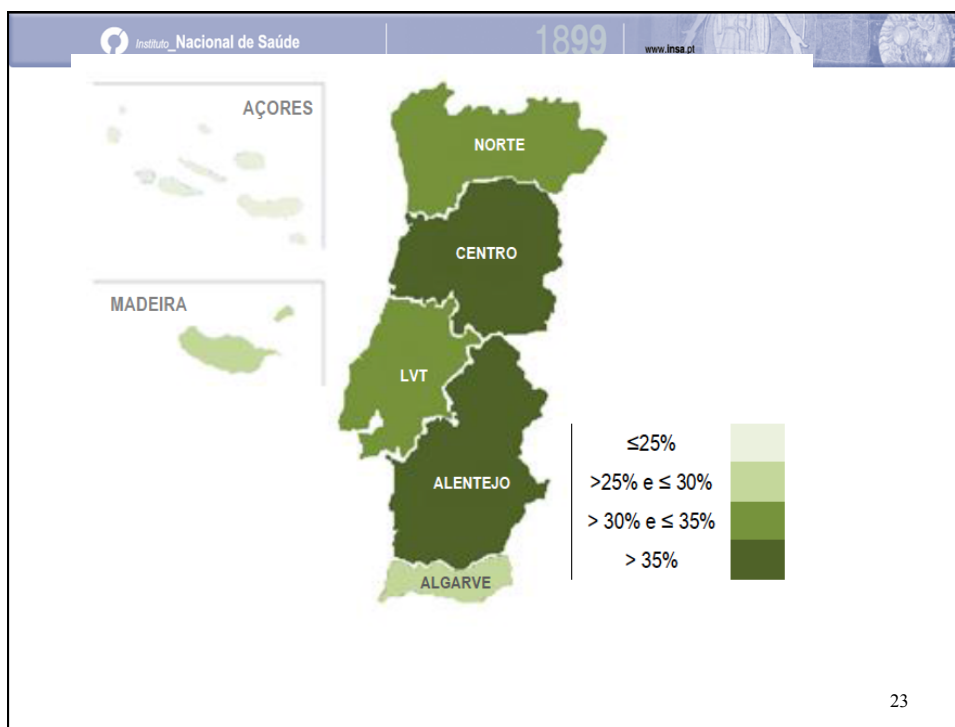
8th Meeting 2015 Dubrovnik

 A screenshot of a website for the 8th Meeting of the WHO European Childhood Obesity Surveillance Initiative in Dubrovnik, Croatia, held from May 18-20, 2015. The website header features the logo of the Instituto Nacional de Saúde and a navigation menu with options like 'Naslovnica', 'O nama', 'Što radimo', 'Aktualno', 'Naše službe', 'Publikacije', and 'Kontaktirajte nas'. The main content area includes a sidebar with a menu of categories such as 'Djelatnost', 'Usluge', 'Za suradnika', 'Savjetodavstva', 'Ustavljavanje', 'Predavanja', 'Skupovi', 'Tečajevi', 'Statistika', 'Registri i baze podataka', 'Ostali statistički podaci', 'Programi i projekti', 'Publikacije', and 'Pohalji upit'. The main text provides details about the meeting, mentioning welcoming speeches by Sanja Muić-Mitrović from the Croatian National Institute of Public Health, Joljo Breda from WHO, and other officials. It also notes that the final day was devoted to exploring synergies with the Schools for Health Network (SHE) and Health Behaviour in School-aged Children (HBSC) projects. A photo gallery at the bottom shows various scenes from the meeting, including group photos and presentations.











GOVERNO DE PORTUGAL
MINISTÉRIO DA SAÚDE

Instituto Nacional de Saúde
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COSI

(publications)



Childhood Obesity Surveillance Initiative
COSI Portugal 2008



IMPLEMENTAÇÃO DO COSI PORTUGAL 2013

Ana Isabel Brito
Ana Rita Cruz
Pedro Graça

PEDIATRIC OBESITY
ORIGINAL ARTICLE

Prevalence of obesity among Portuguese children (6–8 years old) using three definition criteria: COSI Portugal, 2008

A. Elio¹, T. M. A. Wijnhoven¹, B. Rutjar², M. A. Cayetano³, E. Fajó⁴, C. Ramos⁵, D. Cidado⁶, G. Sposito⁷, T. Sandoz⁸, Z. Cseprenyi⁹, R. Carabali¹⁰, C. Roca¹¹, E. Feliciano¹² and J. Breda¹³

What is already known about this subject?

- Obesity of children, youth and adults is a worldwide public health problem.
- Through a review of the European countries with the highest prevalence of childhood obesity.
- Childhood obesity surveillance initiative (COSI) is a global monitoring system covering school-age groups, using standardized methods that allow comparability with other WHO European Region Member States.

What this study adds?

- In Portugal, over in every three of six 6–8 year-old children are overweight.
- Compared with other COSI national surveys, a similar trend was observed in other European countries.
- Childhood obesity surveillance initiative (COSI) is a potentially key.
- The reference method used to define overweight and obesity is important in a particular different estimate.

Summary

Introduction Portugal stands place Portugal among the five countries with the highest prevalence of



Guia de Avaliação do Estado Nutricional Infantil e Juvenil

Publicação conjunta ODS-INSA no âmbito do Projeto Científico da Plataforma contra a Obesidade da Direcção-Geral da Saúde.

28

WHO European Childhood Obesity Surveillance Initiative 2008: weight, height and body mass index in 6–9-year-old children

T. M. A. Wijnhoven¹, J. M. A. van Raaij^{2,3}, A. Spinelli⁴, A. I. Rito⁵, R. Hovengen⁶, M. Kunesova⁷, O. Stanc⁸, H. Rutter⁹, A. Sjöberg^{10,11}, A. Petrauskienė¹², U. O'Dwyer¹³, S. Petrova¹⁴, V. Farrugia Sant'Angelo¹⁵, M. Wauters¹⁶, A. Yngve¹⁷, I.-M. Rubana¹⁸ and J. Breda¹⁹

¹Non-communicable Diseases and Health Promotion, World Health Organization Regional Office for Europe, Copenhagen Ø, Denmark; ²Centre for Nutrition and Health, National Institute for Public Health and the Environment, Bilthoven, the Netherlands; ³Division of Human Nutrition, Wageningen University, Wageningen, the Netherlands; ⁴National Centre for Epidemiology, Surveillance and Health Promotion, National Institute of Health, Rome, Italy; ⁵Food and Nutrition Department, National Institute of Health Dr. Ricardo Jorge (I. D. J.), Lisbon, Portugal; ⁶Department of Health Statistics, National Institute of Public Health, Chile; ⁷Slovenian Obesity Unit, Institute of Endocrinology, Prague, Czech Republic; ⁸Health of Sport, University of Jyväskylä, Jyväskylä, Slovenia; ⁹National Obesity Observatory, Oxford, UK; ¹⁰Department of Public Health and Community Medicine, Public Health Epidemiology Unit, Sahlgrenska University, University of Gothenburg, Gothenburg, Sweden; ¹¹Department of Food and Nutrition, and Sport Science, University of Gothenburg, Gothenburg, Sweden; ¹²Academy of Medicine, Faculty of Public Health, Lithuanian University of Health Sciences, Kaunas, Lithuania; ¹³Department of Health and Children, Public Health, Ireland; ¹⁴Department of Food and Nutrition, National Centre of Public Health and Analysis, Sofia, Bulgaria; ¹⁵Primary Health Care Department, Floriana, Malta; ¹⁶Flemish Agency for Care and Health Research, Ministry of Welfare, Public Health and Family, Brussels, Belgium; ¹⁷Department of Biomedicine and Nutrition, Karolinska Institute, Huddinge, Sweden; ¹⁸Public Health Agency, Riga, Latvia

Achievement

Ana's article reached **10 citations**

Article: WHO European Childhood Obesity Surveillance Initiative: Body mass index and level of overweight among...

ACHIEVED ON OCT 23rd

Reads by institution

Cardiff University	2
University of Lisbon	2
Uppsala University	1
CRA Agricultural Research Council	1

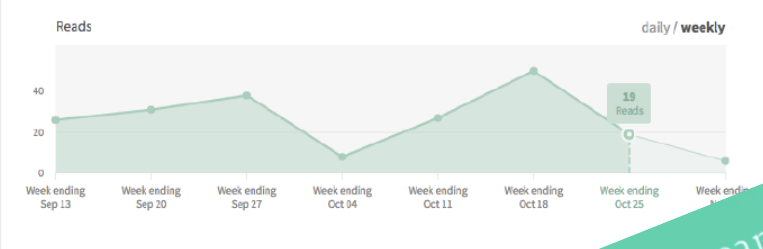
Reads by country

United States	3
United Kingdom	3
Portugal	3
Sweden	2
Austria	2
Chile	1
Malaysia	1

READS 1,242 (Last week: 19)

CITATIONS 187 (Last month: 3)

PROFILE VIEWS 351 (Last week: 10)



DETAILED STATS FOR WEEK ENDING OCT 25 2015

ResearchGate

Instituto Nacional de Saúde
1800



COSI

WHO European Childhood Obesity Surveillance Initiative

Trends in overweight and obesity among primary school children (6-9 years)

PREVALENCE OF OVERWEIGHT (INCLUDING OBESITY) AMONG 7-YEAR-OLDS, 2008



PREVALENCE OF OBESITY AMONG 7-YEAR-OLDS, 2008



For Trends in Overweight and Obesity among 7-Year-Olds in 2008, see [http://ec.europa.eu/health/eurobarometer/2008/overweight-obesity-2008_en.pdf](#) and [http://ec.europa.eu/health/eurobarometer/2008/obesity-2008_en.pdf](#)




Commission on Ending Childhood Obesity

Draft Final Report of the Commission open for comment



29 September 2015 – The Draft Final Report of the Commission on Ending Childhood Obesity is now open for comment from relevant stakeholders. In addition, the Commission will hold regional consultations and hearings throughout the consultative period. The Commission reviewed the feedback received on their Interim Report from relevant stakeholders and through the regional consultation. This Draft Final Report proposes key policy actions to address childhood obesity.

[Read the Draft Final Report and comment](#)