



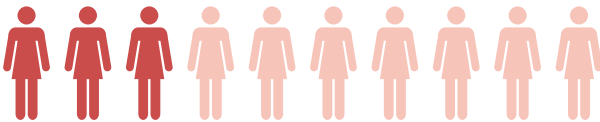
1.9 million Portuguese (28.7%) were obese
(body mass index $\geq 30 \text{ kg/m}^2$)

Obesity was more frequent...

...in women,

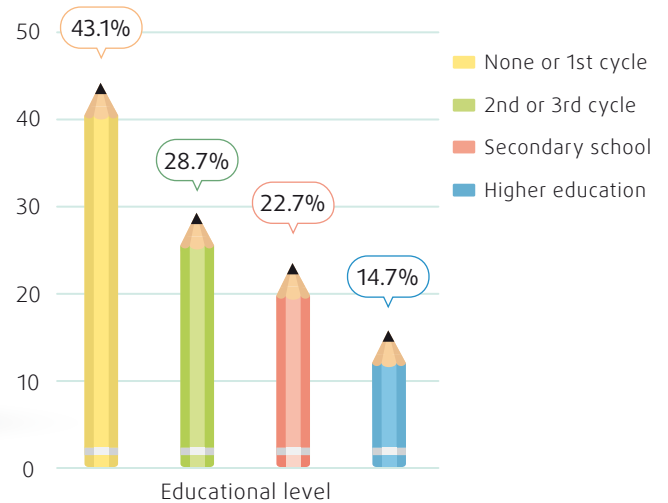


2.5 in 10 (24.9%)

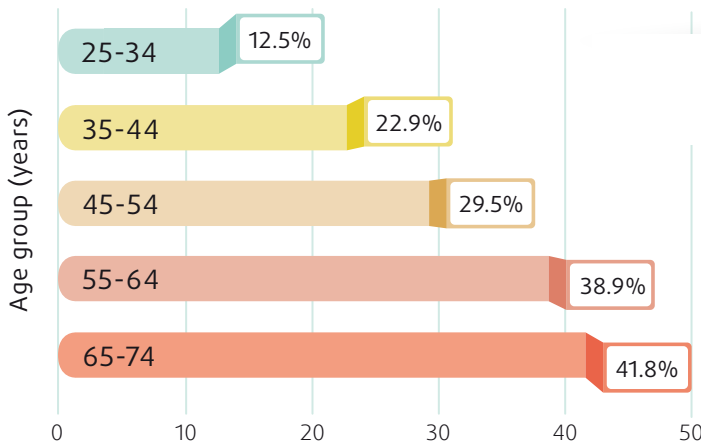


3 in 10 (32.1%)

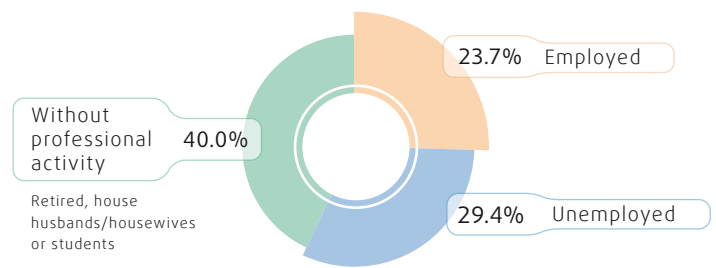
...in the persons with lower education levels.



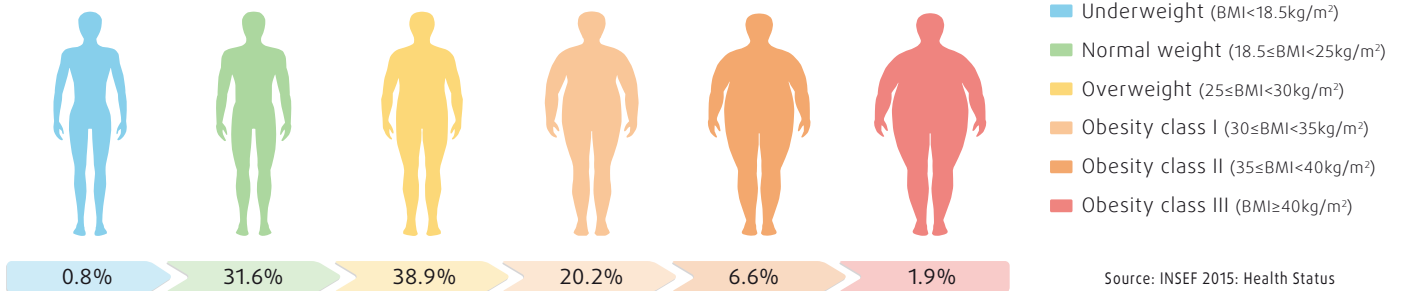
...in the age group 65-74 years,



...and among persons without professional activity.



126 thousand Portugueses (1.9%) presented obesity grade III (BMI $\geq 40 \text{ kg/m}^2$).



Source: INSEF 2015: Health Status
<http://repositorio.insa.pt/handle/10400.18/4115>
For more information: www.insef.pt