



# Building a mortality baseline to monitor and estimate excess mortality associated with influenza epidemics and other events in Portugal.

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# Objectives

1. To weekly monitor all cause mortality in order to detect periods with observed mortality higher than the expected;
2. To retrospectively estimate the number of excess deaths associated with specific events (influenza epidemics, heat waves, cold waves, etc).



# Baseline

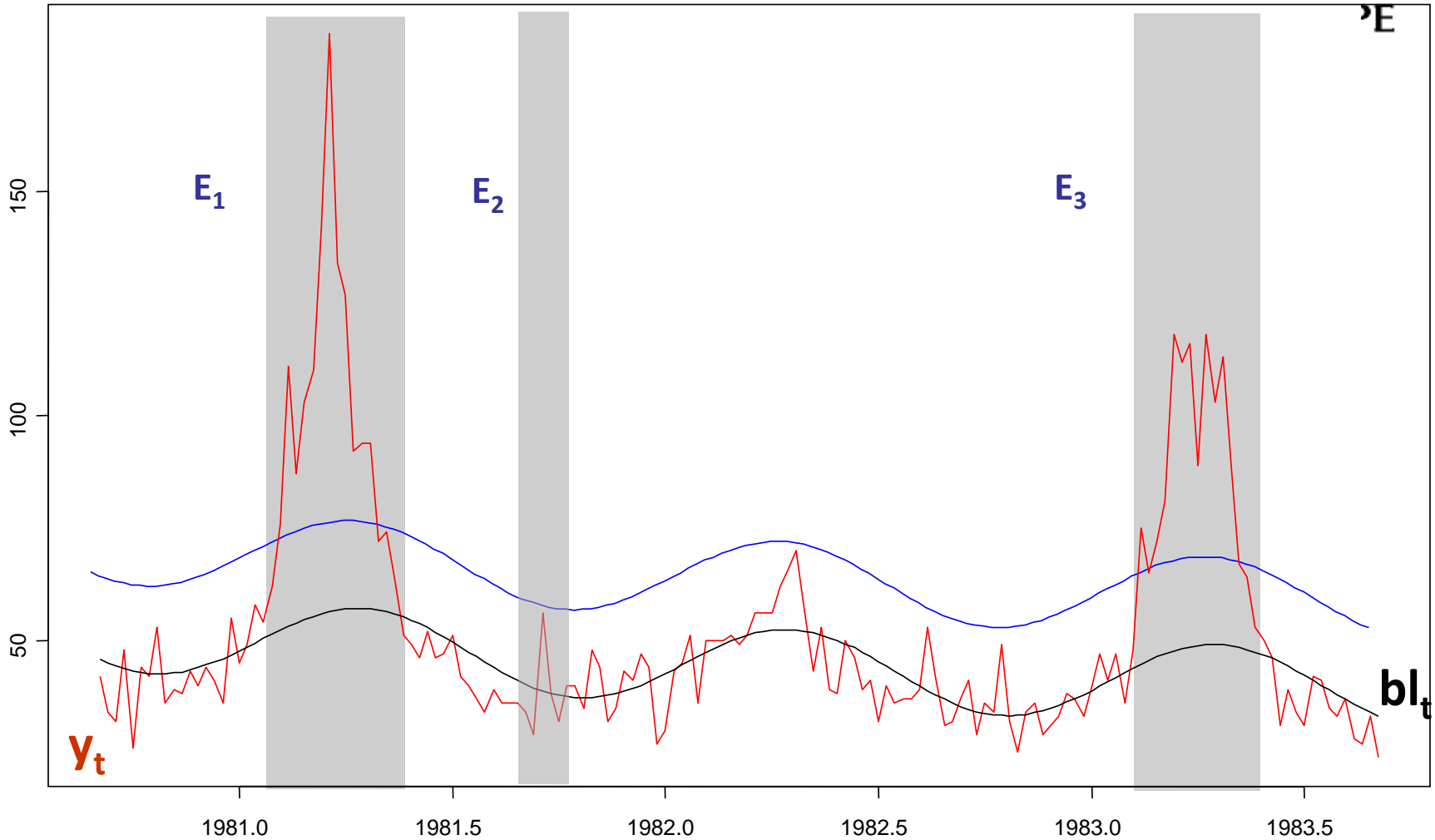


- Expected weekly mortality in the absence of events known to be associated with excess mortality.

# Method

1. Extract from the weekly mortality time series the time periods where an “event” associated with excess mortality has occurred;
2. Fit to this interrupted time series a statistical model that takes into account secular trend and seasonality (normal regression, poisson regression or seasonal ARIMA).

# Method



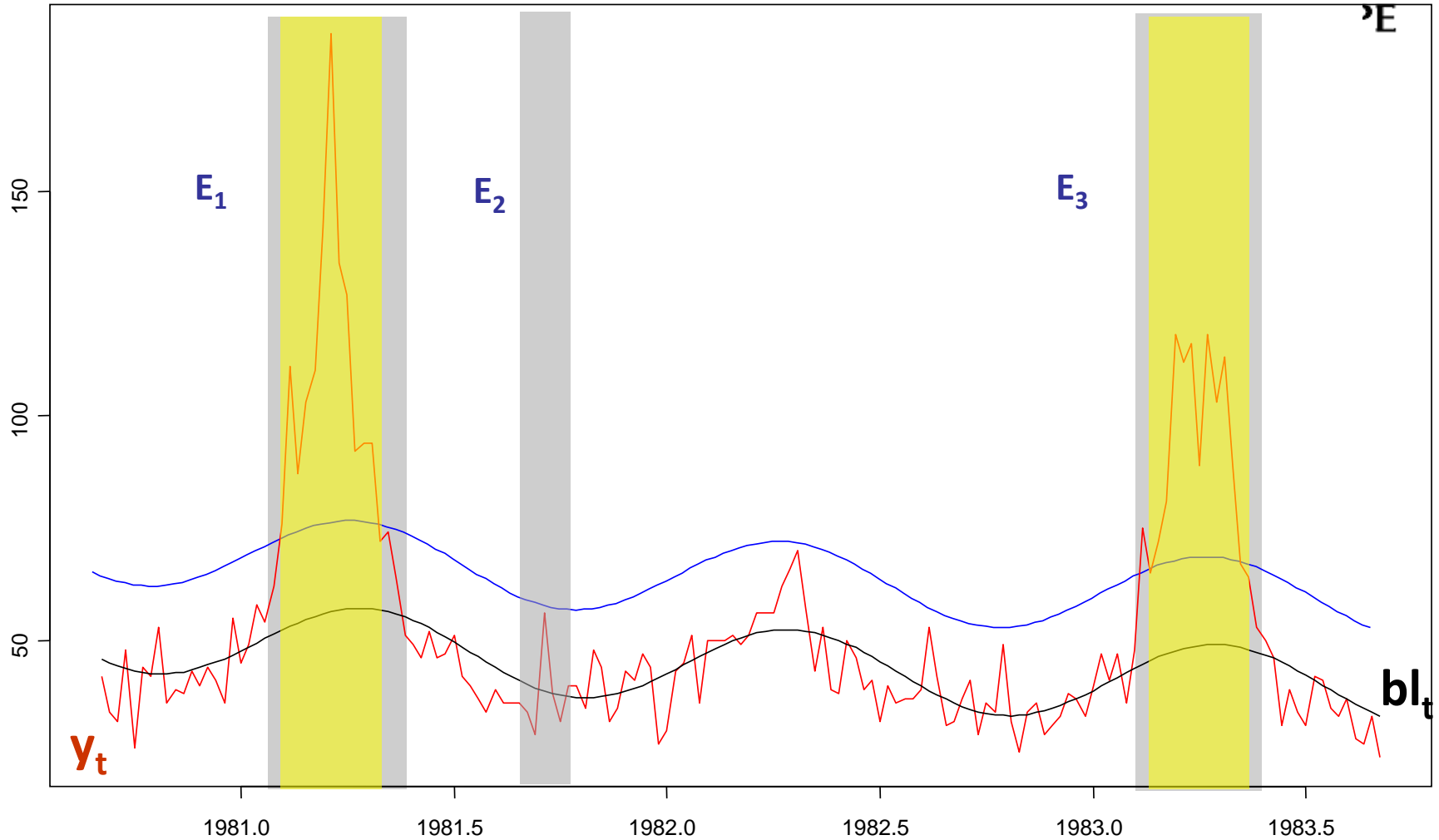
# Event periods

- **Influenza epidemics periods:** ILI rate above the baseline with non-sporadic circulation of influenza virus;
- **Heat waves:** at least three consecutive days with maximum air temperature above 32°C (Lisbon criteria);
- **Cold waves:** *to be defined (World Meteorological Organization definition).*
- **Others:** natural disasters, etc

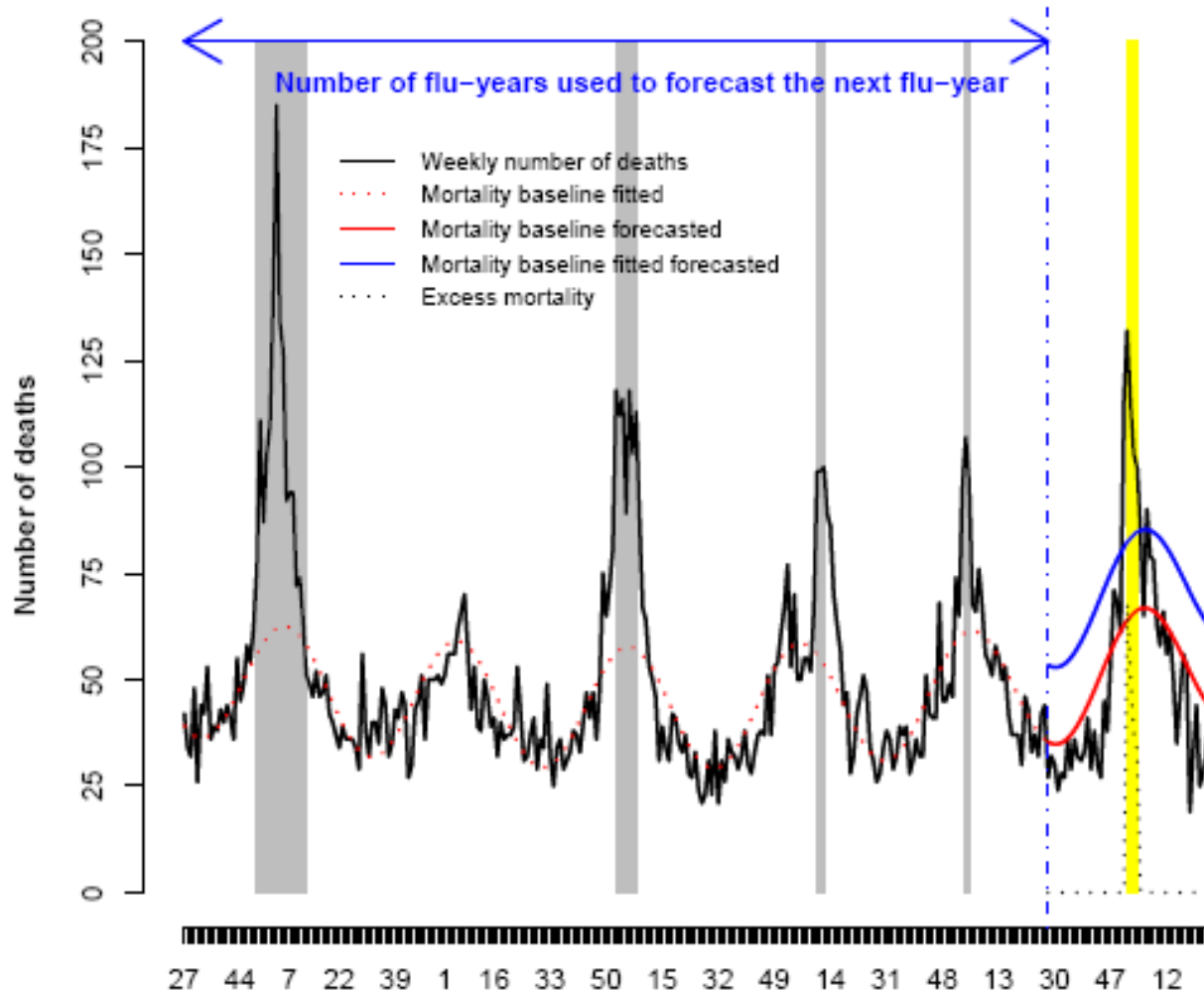
# Excess mortality

- **Excess mortality period:** period of time where the observed mortality is above the 95% confidence limit of the baseline for two or more consecutive weeks;
- **Number of excess deaths associated with an event:** difference between the observed number of deaths and the expected (baseline) during the excess mortality period that is contained in the event period.

# Method

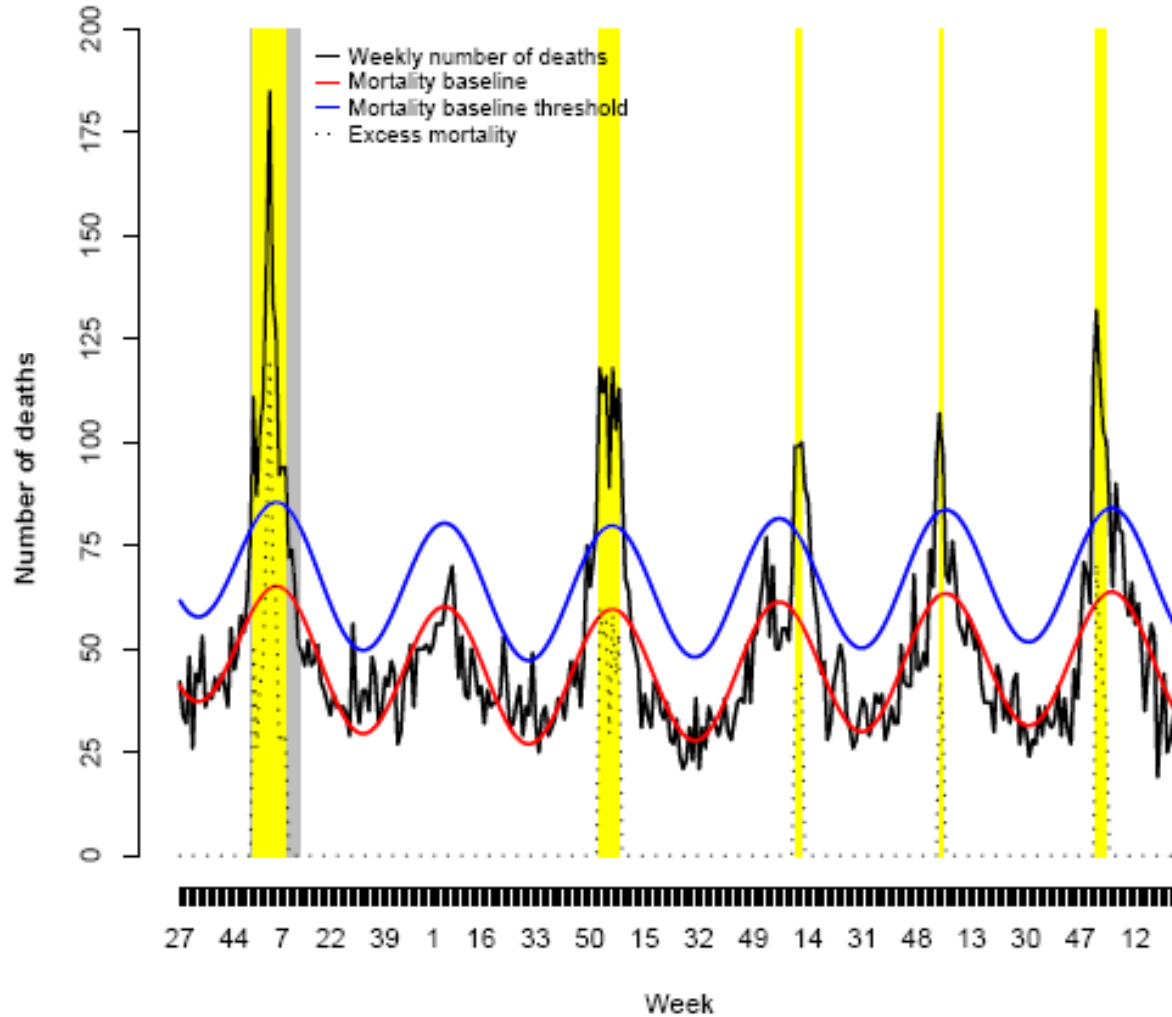


# Monitoring excess mortality



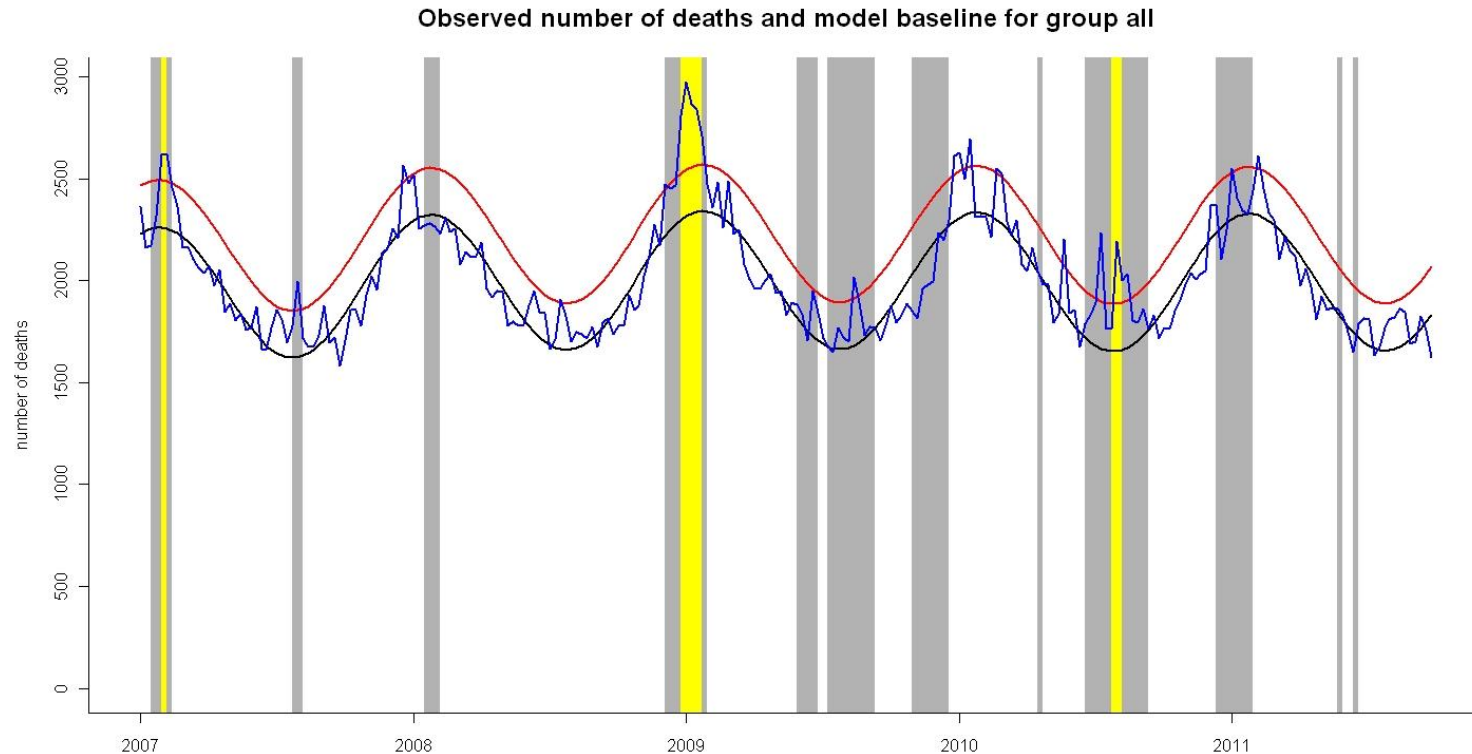
27 44 7 22 39 1 16 33 50 15 32 49 14 31 48 13 30 47 12

# Estimating excess mortality



# Monitoring excess deaths results

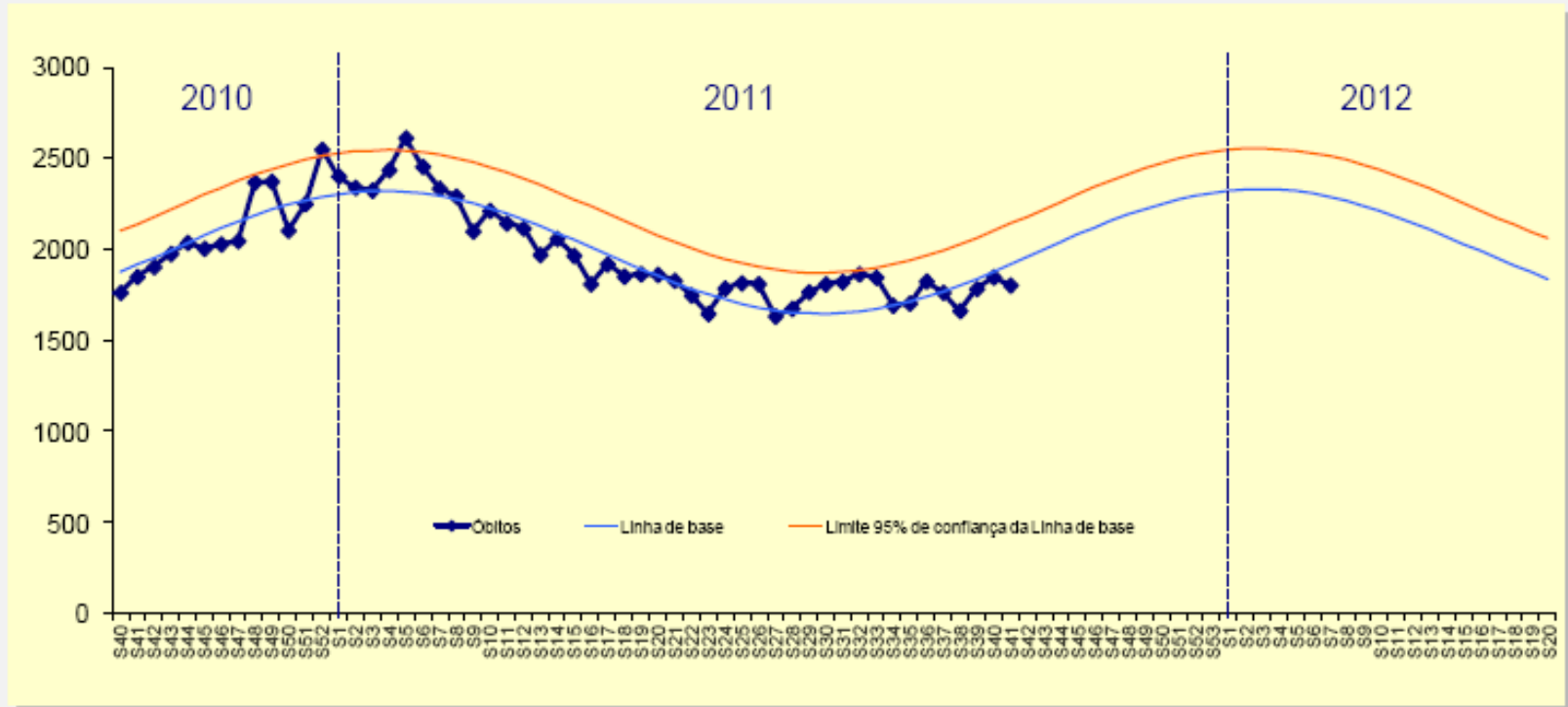
Baseline used to monitor 2011-2012 influenza season (all ages, all causes) is the projection based on the model fitted to the period week 20/2007 to week 39/2011.



# Monitoring excess deaths results

Week 40/2011.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2009 até à semana 41 de 2011



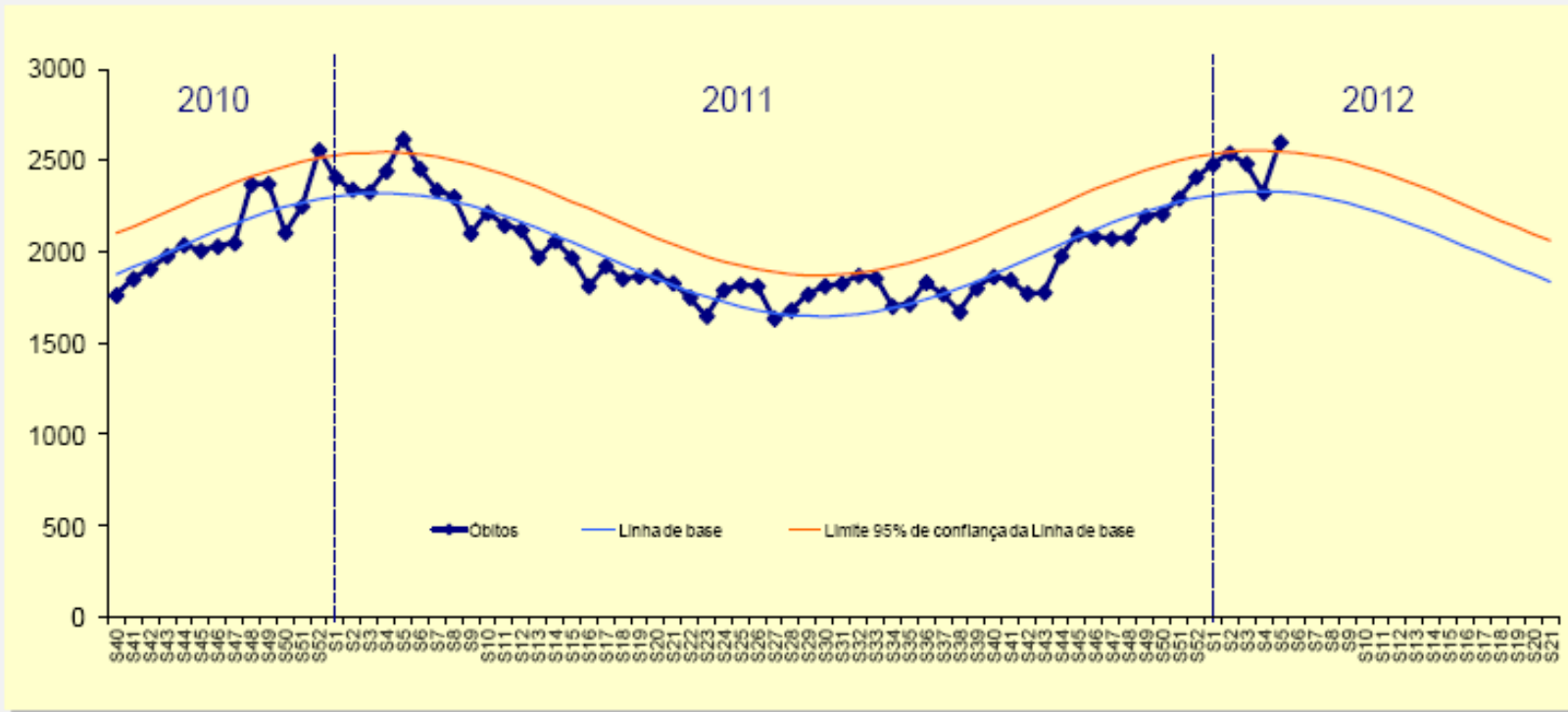
O sistema VDM avalia diariamente a informação de mortalidade “todas as causas” disponível.  
VDM/Departamento de Epidemiologia do INSA  
ITIG - Instituto dos Registos e Notariado

Boletim de gripe - semana 40/2011 - Pág. 7/13

# Monitoring excess deaths results

Week 5/2012.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2010 até à semana 05 de 2012



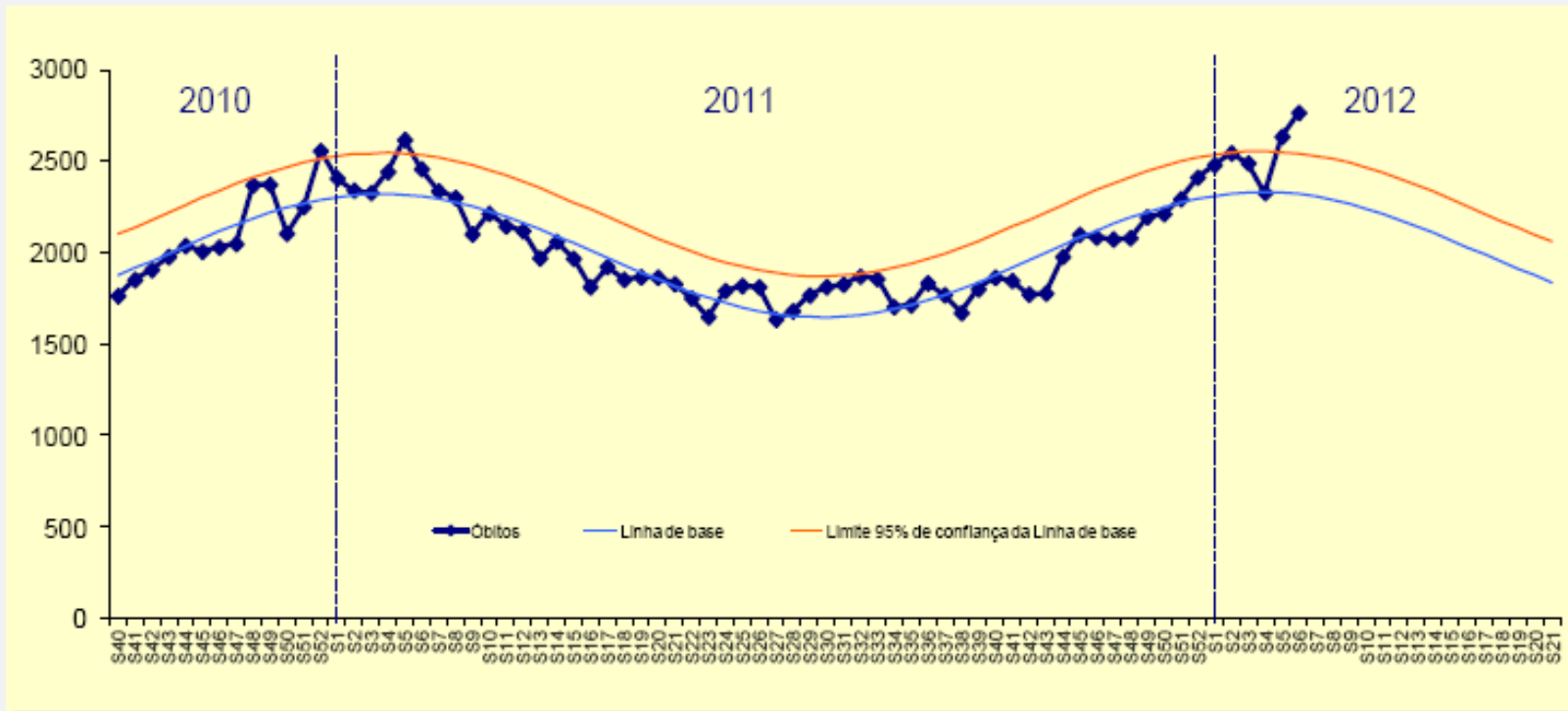
O sistema VDM avalia diariamente a informação de mortalidade “todas as causas” disponível.  
VDM/Departamento de Epidemiologia do INSA  
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Boletim de gripe - semana 05/2012 - Pág. 7 /13

# Monitoring excess deaths results

Week 6/2012.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2010 até à semana 06 de 2012



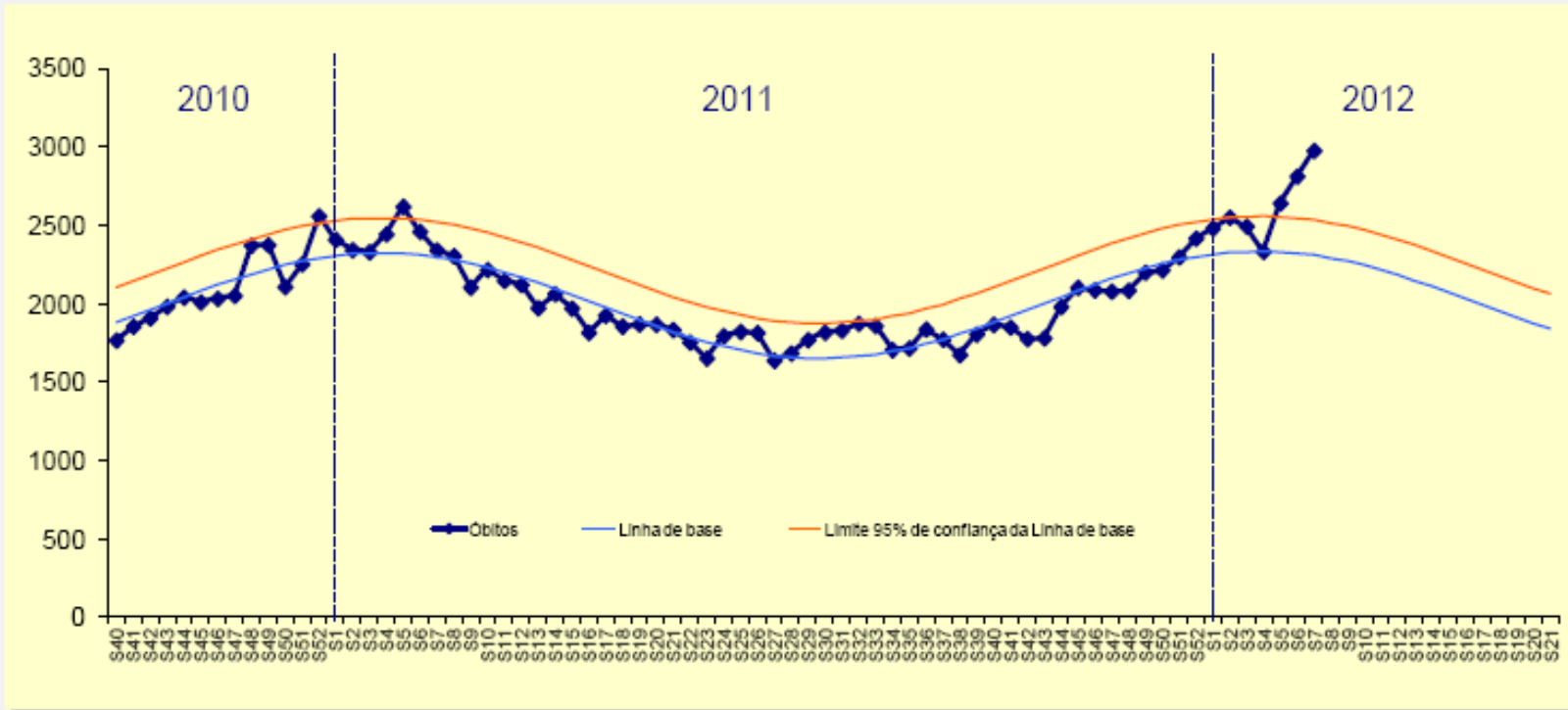
O sistema VDM avalia diariamente a informação de mortalidade “todas as causas” disponível.  
VDM/Departamento de Epidemiologia do INSA  
ITIG - Instituto dos Registos e Notariado

Boletim de gripe - semana 06/2012 - Pág. 7 /13

# Monitoring excess deaths results

Week 7/2012.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2010 até à semana 07 de 2012



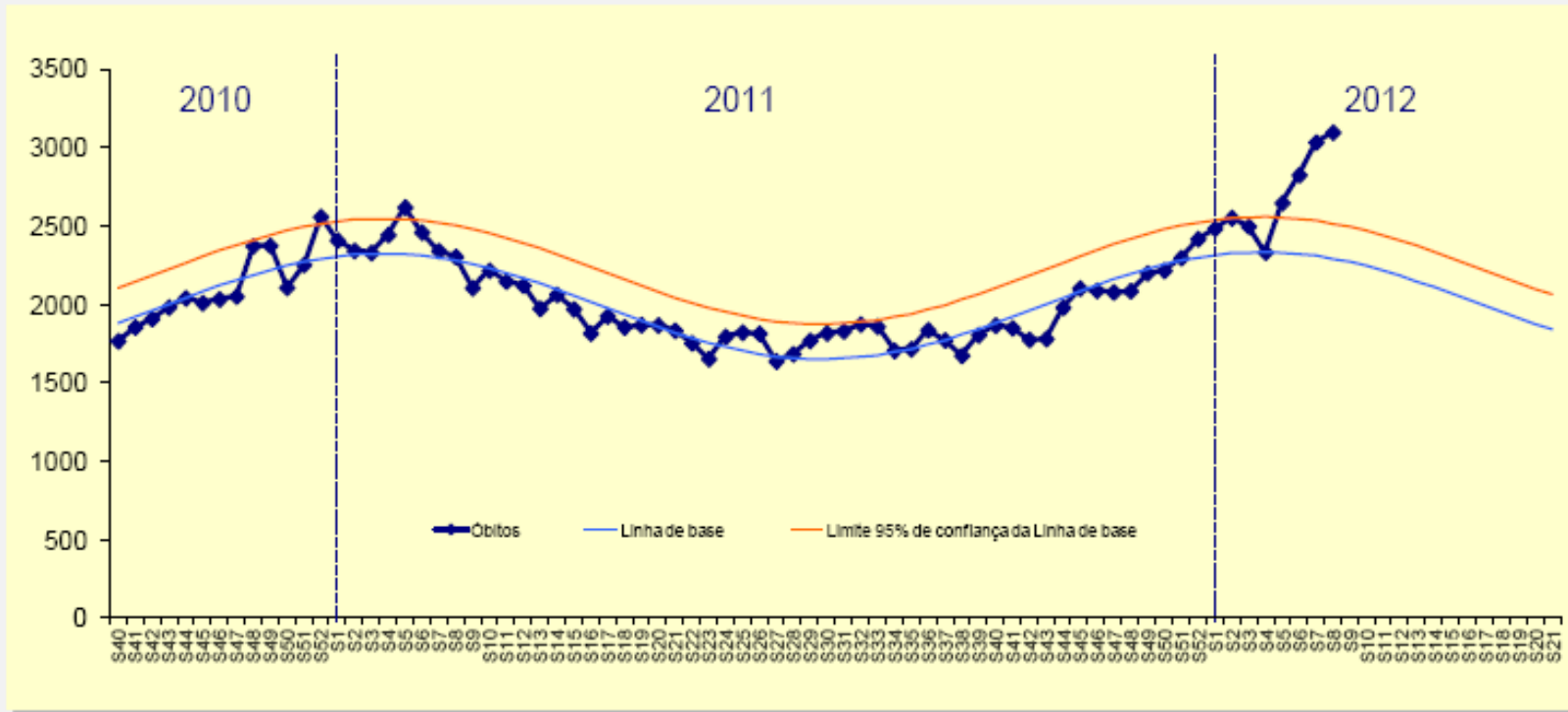
O sistema VDM avalia diariamente a informação de mortalidade “todas as causas” disponível.  
 VDM/Departamento de Epidemiologia do INSA  
 ITIG - Instituto dos Registos e Notariado

Boletim de gripe - semana 07/2012 - Pág. 7 /13

# Monitoring excess deaths results

Week 8/2012.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2010 até à semana 08 de 2012



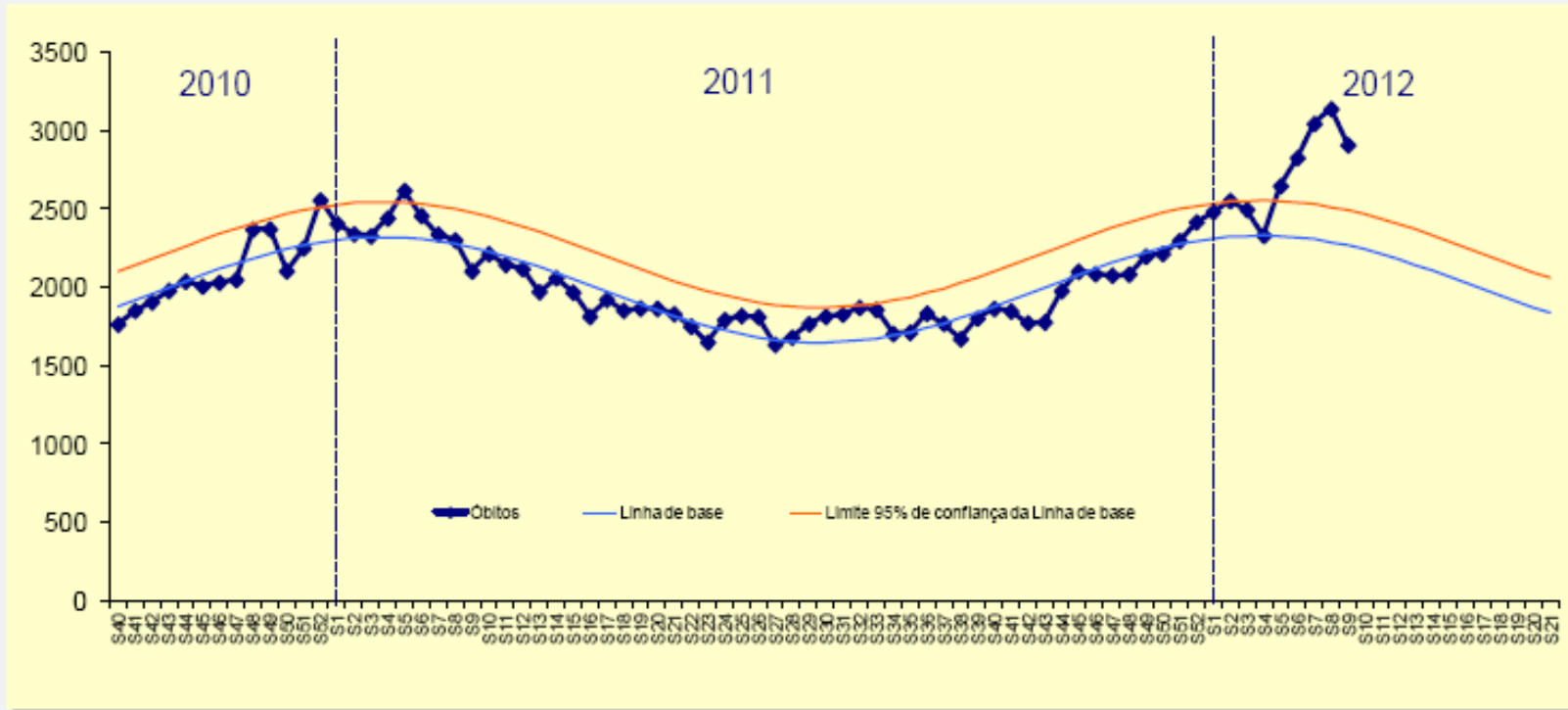
O sistema VDM avalia diariamente a informação de mortalidade “todas as causas” disponível.  
VDM/Departamento de Epidemiologia do INSA  
ITIG - Instituto dos Registos e Notariado

Boletim de gripe - semana 08/2012 - Pág. 7 /13

# Monitoring excess deaths results

Week 9/2012.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2010 até à semana 09 de 2012



O sistema VDM avalia diariamente a informação disponível sobre a mortalidade “por todas as causas” disponível.

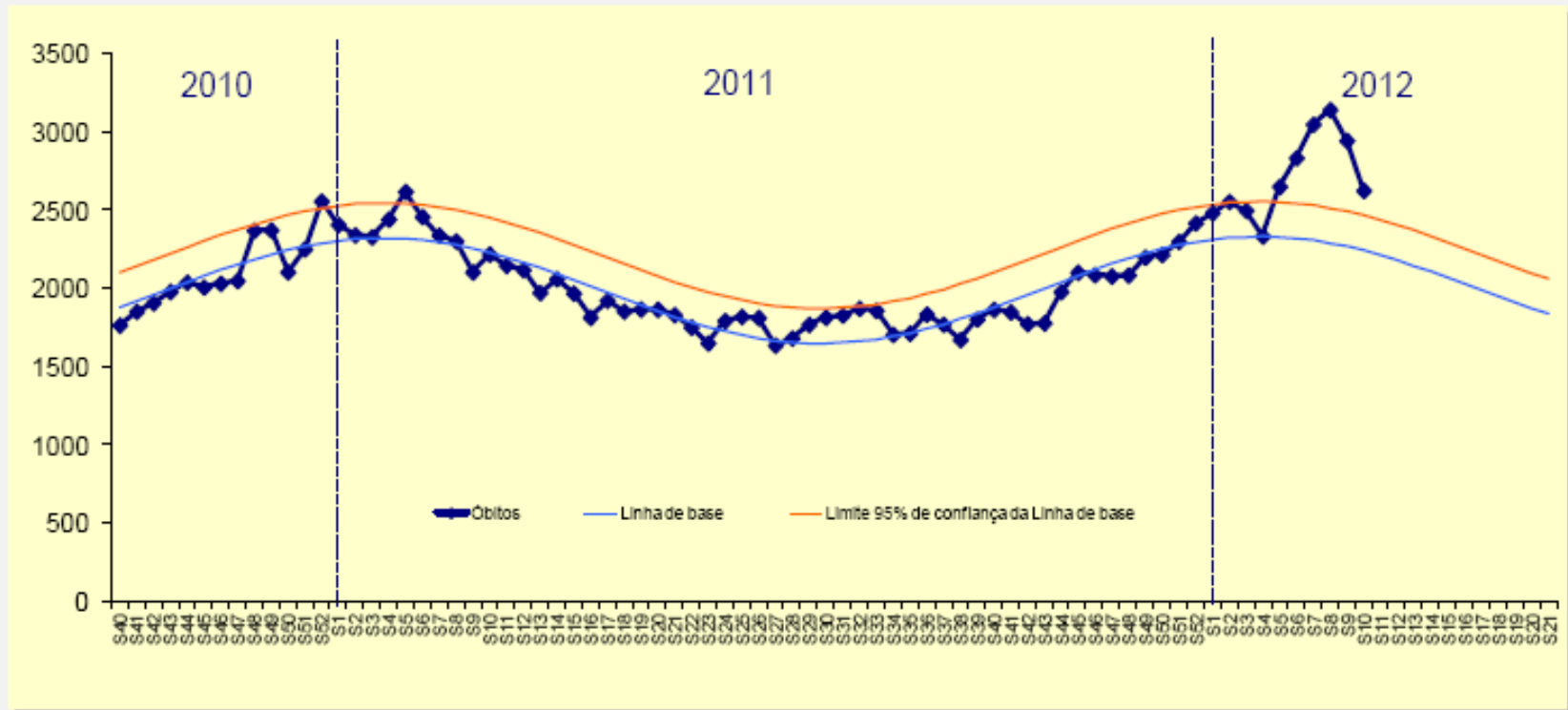
DM/Departamento de Epidemiologia do INSA / Instituto dos Registos e Notariado (IRN) / Instituto de Tecnologias de Informação na Justiça (ITJ)

Boletim de gripe - semana 09/2012 - Pág. 7 / 14

# Monitoring excess deaths results

Week 10/2012.

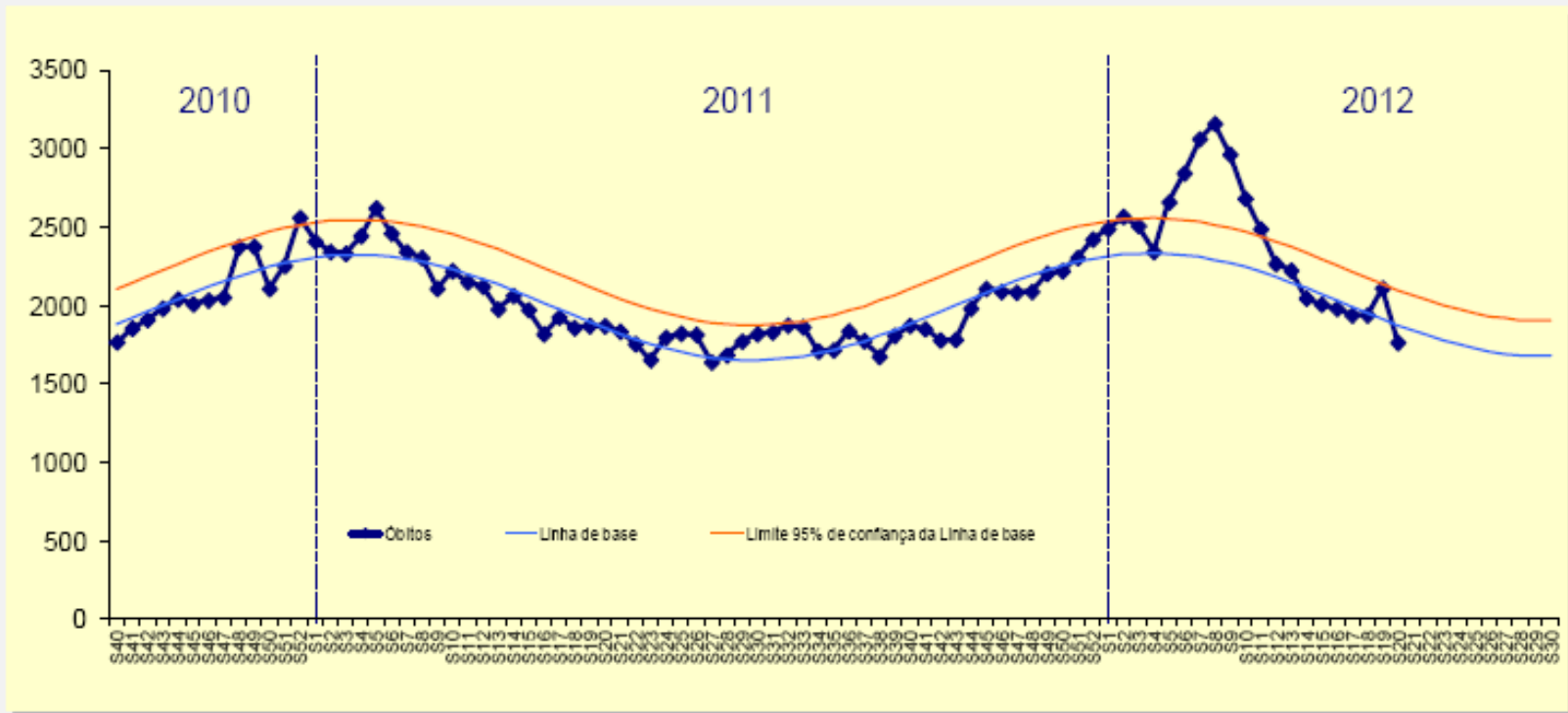
Evolução da mortalidade semanal (nº absoluto) por "todas as causas", desde a semana 40 de 2010 até à semana 10 de 2012



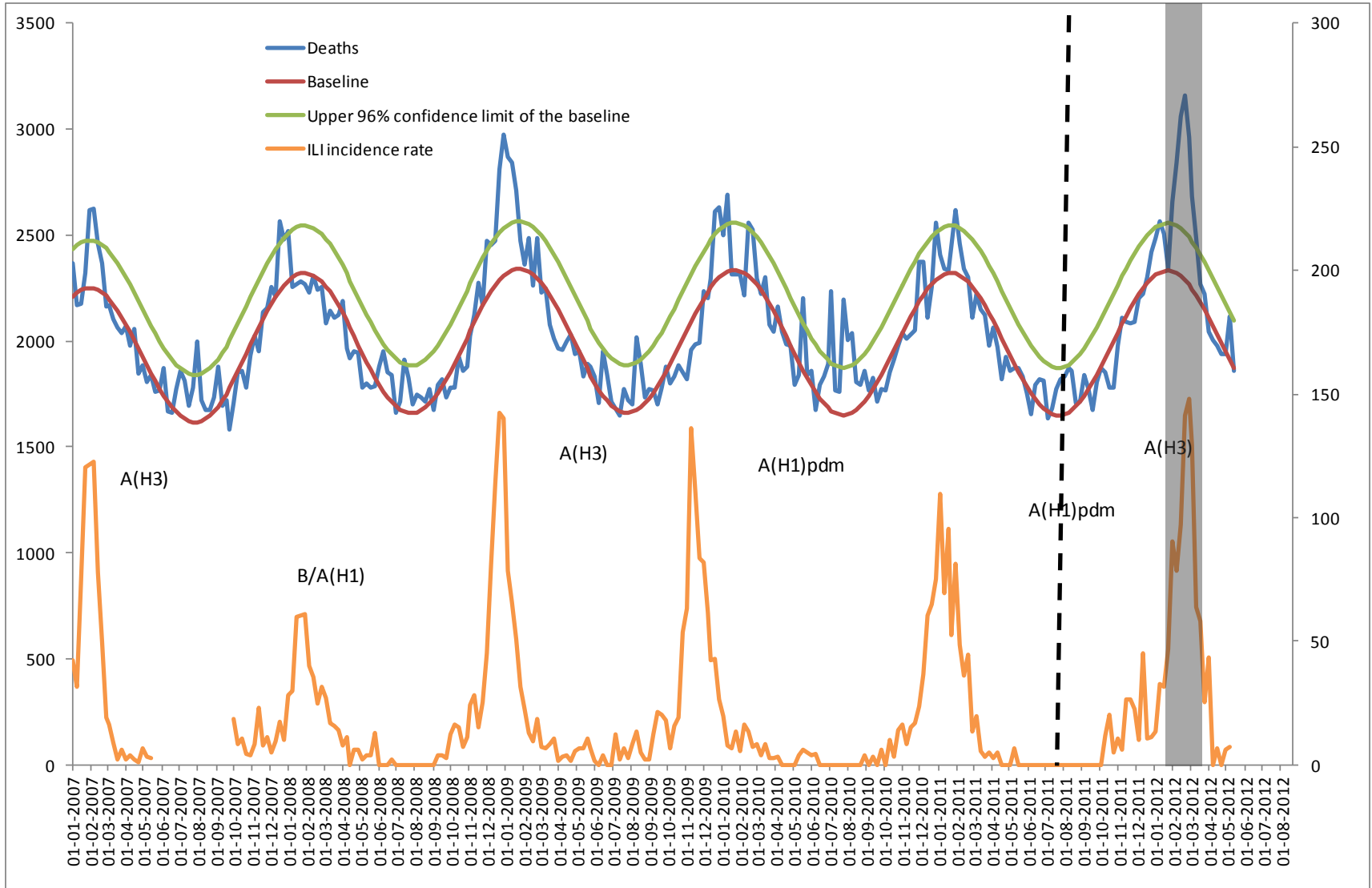
# Monitoring excess deaths results

...Week 20/2012.

Evolução da mortalidade semanal (nº absoluto) por “todas as causas”, desde a semana 40 de 2010 até à semana 20 de 2012



# Monitoring excess deaths results

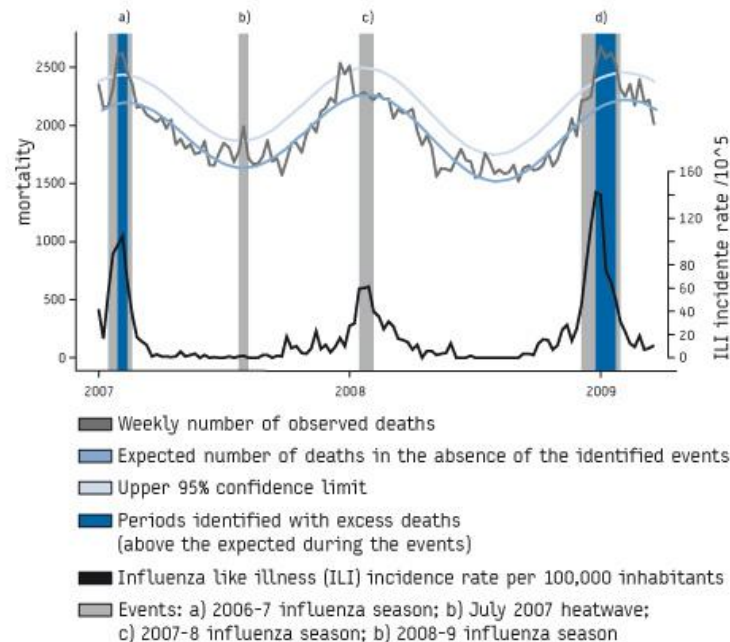


# Retrospective estimation excess deaths results

- Used to obtain early estimates of excess deaths associated with 2008-2009 influenza epidemic: 1961 all cause excess deaths (Nogueira et al Eurosurveillance 2009)

FIGURE

Observed and expected weekly total mortality, weekly influenza incidence rates and potentially associated events; Portugal, January 2007 to February 2009





# Retrospective estimation excess deaths results



- Used to estimate excess mortality associated with influenza (cause specific and age group) in the period of 1980 to 2004 in Portugal. (Nunes et al Plos One 2011)
- In the period of 1980 to 2004 we estimated an average excess deaths of 2475 and a rate of 24 deaths /10<sup>5</sup> inhabitants, (range zero to 8514);
- Seasonal excess deaths were highly correlated with ILI attack rates (rho 0.63 to 0.83);
- Method was applied to a control time series (injuries deaths) residual excess deaths found.

# Limitations

- Needs the retrospective identification of event periods using external data (influenza epidemics, heat waves, cold waves, ?);
- If applied at the European level requires harmonization of events definitions?
- Overestimates excess deaths in comparison with regression techniques that uses covariates (influenza activity indicators, climate indicators, etc);
- Difficulties in fitting to population groups with low number of deaths per week.

# Advantages

- The baseline is estimated using more mortality data than classical Serfling approach – does not eliminate all winter and summer data (Euromomo);
- Allows for prospective estimation of the baseline for real time excess mortality monitoring;
- It can be used for retrospective excess deaths estimation when covariates are not accessible;
- Estimates at the same time excess deaths associated with events of different nature (influenza epidemics, extreme climate events, disasters, etc);
- It is implemented in a R package Flubase.



# References



Nunes B, Natario I, Carvalho L. Flubase: Baseline of mortality free of influenza epidemics. R package version 1.0. 2009. Available from: <http://cran.r-project.org/web/packages/flubase/index.html>

Nogueira PJ, Nunes B, Machado A, Rodrigues E, Gómez V, Sousa L, Falcão JM. Early estimates of the excess mortality associated with the 2008-9 influenza season in Portugal. *Euro Surveill.* 2009;14(18):pii=19194. Available online: <http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=19194>

Nunes B, Natário I, Carvalho ML. Time series methods for obtaining excess mortality attributable to influenza epidemics. *Stat Methods Med Res.* 2011 Aug;20(4):331-45. Epub 2010 Mar 8. PubMed PMID: 20212071.

Nogueira PJ, Machado A, Rodrigues E, Nunes B, Sousa L, Jacinto M, Ferreira A, Falcão JM, Ferrinho P. The new automated daily mortality surveillance system in Portugal. *Euro Surveill.* 2010;15(13):pii=19529. Available online: <http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=19529>

Nunes B, Viboud C, Machado A, Ringholz C, Rebelo-de-Andrade H, et al. (2011) Excess Mortality Associated with Influenza Epidemics in Portugal, 1980 to 2004. *PLoS ONE* 6(6): e20661. doi:10.1371/journal.pone.0020661



Thank you for your attention!

*Joint ECDC & WHO-EURO 2012 Annual  
Influenza Meeting Warsaw May 30<sup>th</sup> – June 1st*