3.9 million Portuguese (57.8%) reported having at least 1 chronic disease

The occurrence of chronic disease was more frequent ...

...in women,

5 in 10 (53.1%)
6 in 10 (62.0%)

...and in the persons with lower educational level.

Most common chronic diseases:

In the Portuguese population:

Number of chronic diseases

Source: INSEF 2015
https://doi.org/10.20344/amp.11227
For more information: www.insf.pt