



Between June to September, when you are in the sun for 1 hour or more, do you frequently use sun protection?
(including sunscreen, hat or protective clothing)

4.6 million Portuguese (68.7%) have reported to frequently use some sun protection

The use of some sun protection was more frequent...

...in women,

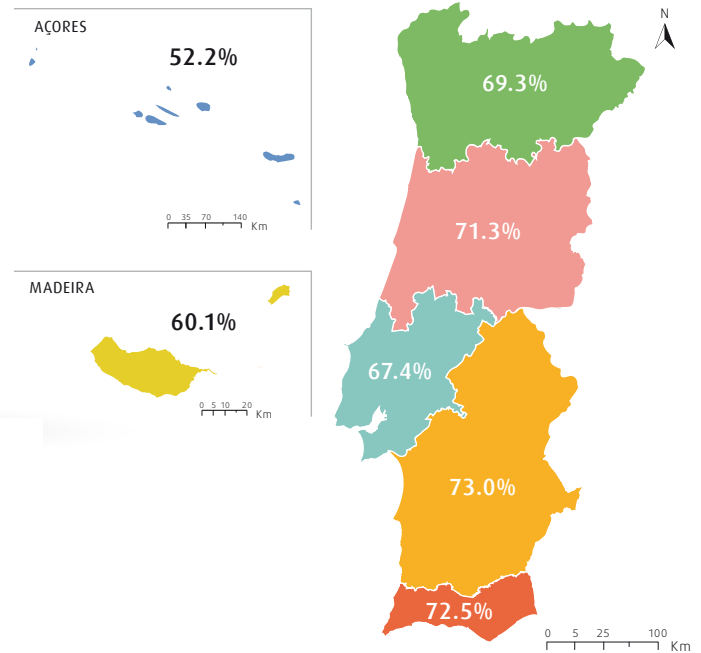


6 in 10 (61.3%)

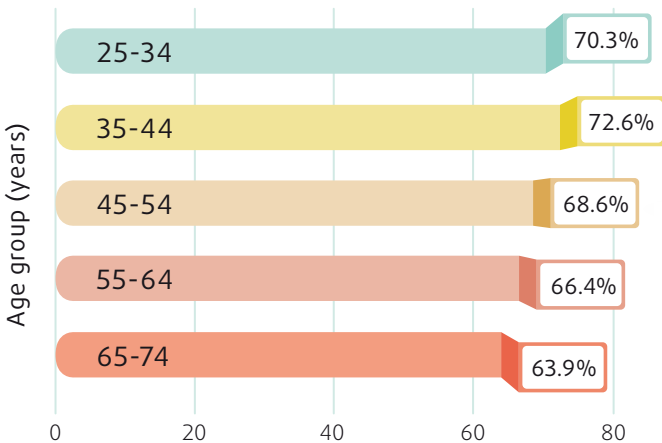


7.5 in 10 (75.3%)

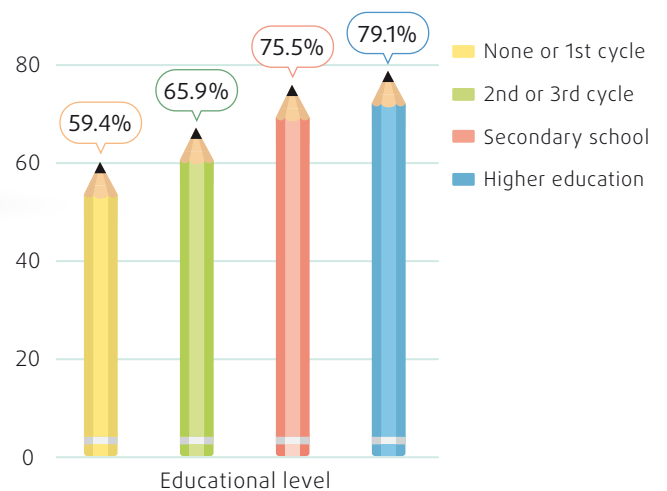
...in the region of Alentejo,



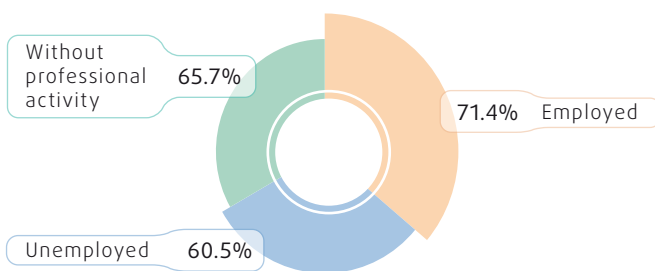
...in the age group 35-44 years,



...and in the persons with higher educational level.



...among employed persons,



Source: INSA, Inquérito Nacional de Saúde com Exame Físico 2015. For more information: www.insef.pt