The experience of the Portuguese National Institute of Health (INSA) in the Joint Action CHRODIS (JA-CHRODIS)

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What’s JA-CHRODIS?
BACKGROUND & UNDERLYING ASSUMPTIONS

CHRONIC DISEASES IN EU
(diabetes, cardiovascular disease, cancer and mental disorders)
• Affect 8 out of 10 people aged over 65.
• 70% to 80% of health care budgets for treatment

Priority of EU Member States: Reducing the burden of chronic diseases

• knowledge within EU Member States on effective and efficient ways to prevent / manage Chronic diseases
• Chronic diseases can be prevented or delayed

EUROPEAN COLLABORATION

Institute of Health Carlos III
European Commission / Partners
WWW.CHRODIS.EU
Our focus: health promotion & disease prevention
Working Process & Tasks involvement (WP4&5)

T1: Country reviews

T2: Delphi criteria

T3: Collection of good practices

T5: Study visits

T5: Deduction of criteria of transferability

CHRODIS Platform (WP4)

T4: SHARE

Definition of

Assessment based on

Interesting practices

Transfer & adapt

Throughout the process:

- Interest in practices
- Transfer & adapt
Outputs & Results (WP4)

- **PLATFORM FOR KNOWLEDGE EXCHANGE (PKE)**
  - online help-desk → policy makers
  - clearinghouse → up to date repository of best practices and the best knowledge on chronic care

- **KEY DELIVERABLES & INSA INVOLVEMENT:**
  - Identification of good practice (GP) criteria (**Delphi Process**) in relation to health promotion and primary prevention (HPPP)
  - Collection of National 3 GP in HPPP (WP5)
  - Submission of Portuguese GPs into PKE
  - Review and assessment of GP submitted to the PKE (other countries)
  - Dissemination of CHRODIS deliverables at institutional & national level (WP2)
Main outputs & Results (WP5)

• **COUNTRY REVIEWS ON HPPP**
  – The Portuguese “state of the art” and its international context
  – Gaps & needs

• **STUDY VISITS**
  – Identification *in loco* of key elements on GP transfer/scale up
  – Database approaches in health promotion (The Netherlands)

• **TRANSFERABILITY REPORT**

  Knowledge transfer into the Portuguese context:
  INSA participation in Editorial Committee & Literacy Advisory Committee
  “National Program of Health Education, Literacy and Self-care” (Ministry of Health)

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The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)*

* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.