

The experience of the Portuguese National Institute of Health (INSA) in the Joint Action CHRODIS (JA-CHRODIS)



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What's JA-CHRODIS?

BACKGROUND & UNDERLYING ASSUMPTIONS

CHRONIC DISEASES IN EU

(diabetes, cardiovascular disease, cancer and mental disorders)

- Affect 8 out of 10 people aged over 65.
- 70% to 80% of health care budgets for treatment

**Priority of EU Member States:
Reducing the burden of chronic diseases**

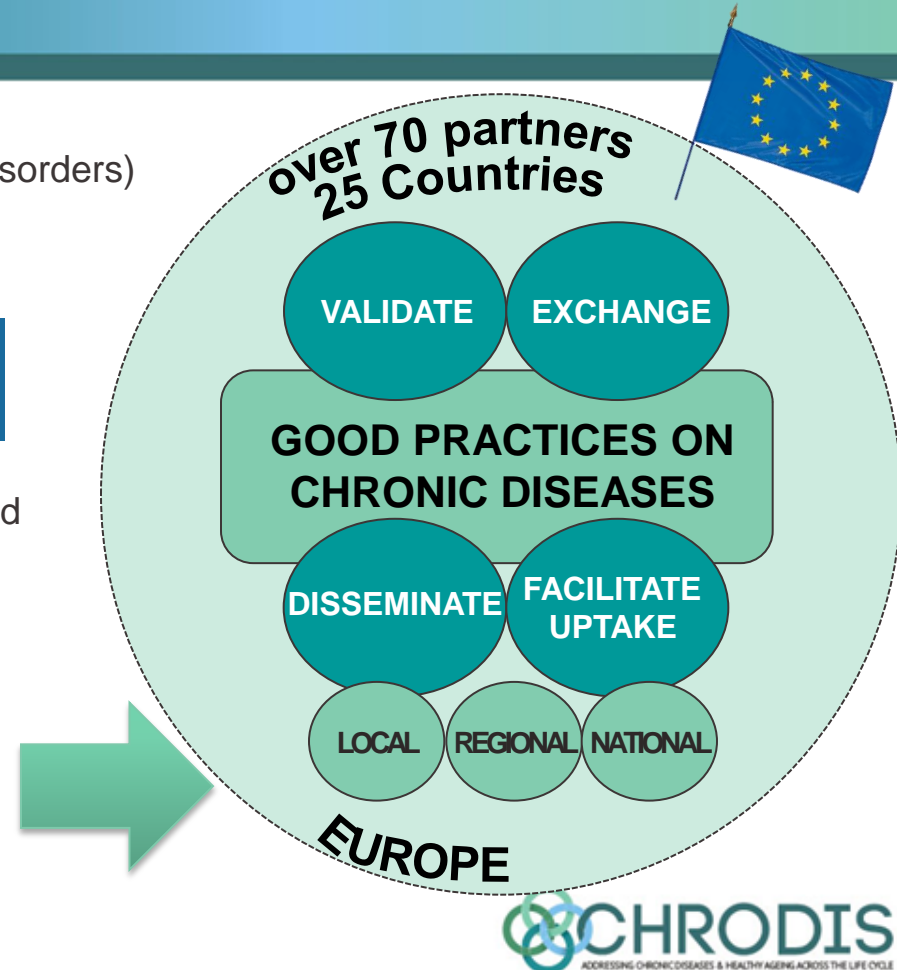
- knowledge within EU Member States on effective and efficient ways to prevent / manage Chronic diseases
- Chronic diseases can be prevented or delayed

EUROPEAN COLLABORATION

JA-CHRODIS (2014-2017)

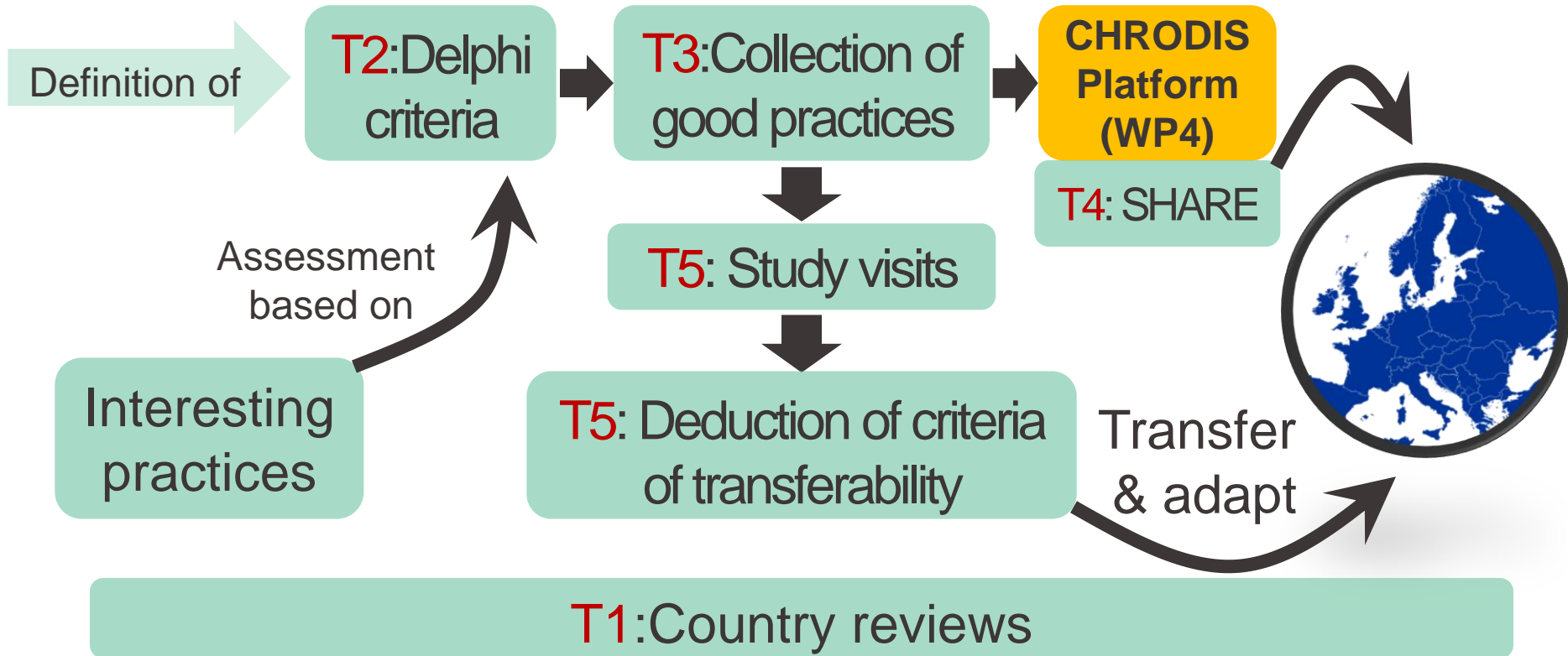
Institute of Health Carlos III
European Commission /Partners

WWW.CHRODIS.EU



Our focus: health promotion & disease prevention

Working Process & Tasks involvement (WP4&5)



Outputs & Results (WP4)

- **PLATFORM FOR KNOWLEDGE EXCHANGE (PKE)**
 - **online help-desk** → policy makers
 - **clearinghouse** → up to date repository of best practices and the best knowledge on chronic care
- **KEY DELIVERABLES & INSA INVOLVEMENT:**
 - Identification of good practice (GP) criteria (**Delphi Process**) in relation to health promotion and primary prevention (HPPP)
 - Collection of National 3 GP in HPPP (WP5)
 - Submission of Portuguese GPs into PKE
 - Review and assessment of GP submitted to the PKE (other countries)
 - Dissemination of CHRODIS deliverables at institutional & national level (WP2)

Main outputs & Results (WP5)

- **COUNTRY REVIEWS ON HPPP**
 - The Portuguese “state of the art” and its international context
 - Gaps & needs
- **STUDY VISITS**
 - Identification *in loco* of key elements on GP transfer/scale up
 - Database approaches in health promotion (The Netherlands)
- **TRANSFERABILITY REPORT**

Knowledge transfer into the Portuguese context:

INSA participation in Editorial Committee & Literacy Advisory Committee

“National Program of Health Education, Literacy and Self-care” (Ministry of Health)



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**The Joint Action on Chronic Diseases and Promoting
Healthy Ageing across the Life Cycle (JA-CHRODIS)***

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